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Highlights from
BIG ARTS
Annual Benefit
pages 38 and 39

VOL. 26, NO. 39

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 29, 2019

MARCH/APRIL SUNRISE/SUNSET: 29 7:23 • 7:43 30 7:22 • 7:44 31 7:21 • 7:44 1 7:20 • 7:45 2 7:19 • 7:45 3 7:18 • 7:46 4 7:17 • 7:46



Dr. Jerry Lorenz

photo provided

'Ding' Darling Lecture Focuses On Flamingos

Historical accounts report flocks of up to 2,500 American flamingos in Florida Bay. Although those days have vanished, birders have been

sighting flamingos more regularly in recent years. Dr. Jerry Lorenz, state research director for Audubon Florida, has publicly challenged the theory that these are only escapees from tourist attractions. He believes historic populations and climate change may contribute to today's flamingo sightings.

Having studied roseate spoonbills in
continued on page 36

Family Fun At Seahorse Festival

The annual Seahorse Festival is this Saturday, March 30 from 11 a.m. to 5 p.m. This is the 26th year of this fun, family event, which will be held at The Sanibel School, located 3840 Sanibel-Captiva Road. There will be inflatable obstacle courses, a rock wall, bungee run, spider jump and games for all ages.

Entertainment will include: Rhythm Quest, contemporary world percussions; Mike Arnone, music and comedy; and Ocianna Michelle, drum and dance. Experience different instruments and drum beats from all around the world and be part of a real life drum circle.

Way Too Tall Torrie will be on hand as well as Cinderella, Spider-Man and the Easter Bunny. The lineup of food trucks and treats includes The Red Roc Cravings, Hawaiian Husky Organic Shave Ice & Cotton Candy, Blue Moon Pizza, Paw/Paw's Kettle Corn, Chocolattes coffee and Krispy Kreme doughnuts.

Place your bids in the popular silent auction or select a "pick and purchase" bucket (sand bucket, of course).

There is no admission charge and wristbands will be available for \$20 for unlimited access to the kid zone entertainment. The Seahorse Festival is



Bungee courses are a popular attraction
photo provided

a key fundraiser for The Sanibel School PTA, benefiting the children at The Sanibel School.

The entertainment schedule and more information can be found at www.TheSanibelSchoolPTA.com and on Facebook.✧



CROW Executive Director Alison Hussey and Development Director Mary Schoeffel with some of the live auction items

photos by Brian Bohlman

Southern Comfort Dinner Returns

by Jeff Lysiak

What better way to support wildlife on the islands than to spend a wild evening enjoying dinner, drinks, dancing, games, encounters with

animal ambassadors, a spirited live auction and raffles, plus plenty of fun surprises?

Southern Comfort on Sanibel, the annual spring fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW), returns on Friday, April 12 from 6 to 9 p.m. at The Community House, located at 2173 Periwinkle Way.

"We're planning a night of great food and great fun, to go along with an



Nancy Siegel and Diane Neitzel accepting donations for CROW patients

opportunity to support CROW," said Development Director Mary Schoeffel. "We're going to have an amazing menu prepared by Chef Jarred Harris, a live auction with artwork from some incredible local artists and an event towards the end

of season that's always popular with our supporters."

According to Schoeffel and Executive Director Alison Hussey, this year's Southern Comfort gala will include a

continued on page 7

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The Community House



Sissi Janku's 25-year retrospective exhibit opens Tuesday, April 2 with an artist reception from 5 to 7 p.m. image provided

Kids Cooking

Young chefs can learn how to have a Mexican Fiesta with Chef Jarred Harris on Monday, April 1 from 2:30 to 5:30 p.m. Vegetable quesadillas, chicken tamales and fish tacos are on the menu. Cost is \$50 per session.

Artist Exhibit Opening

Local artist Sissi Janku will unveil her 25-year retrospective exhibit with an artist reception on Tuesday, April 2 from 5 to 7 p.m. Appetizers will be served and beverages will be available for purchase. The exhibit will be on display and paintings will be available for purchase until April 26.

Colorful Sips Painting Class

Paint, snack and sip with artist Sissi Janku on Wednesday, April 3 from 7 to 9 p.m. Cost is \$50 for members and \$60 for guests. Call or sign up online.

Climate Crisis Lecture

Ariel Hoover will give a presentation about the impact of climate change and what can be done about it on Thursday, April 4 at 7 p.m. A \$5 donation is suggested.

Music At The House

The Southwest Florida Symphony will perform Mozart in Paradise on Friday, April 5 from 7:30 to 9 p.m. Tickets are \$39.

EFT Tapping Classes

On Tuesdays at 1 p.m. throughout the month of April, Jenny Li will offer tapping classes to help you feel calmer, declutter your mind and improve your mental health. Cost is \$30 for members and \$35 for guests.

Dine and Design Workshop

Have "Suite Dreams" with the Decorating Den Interiors design team after a lunch prepared by Chef Jarred Harris on Monday, April 15 from noon to 2 p.m. Reservations are required by April 8. Cost is \$30.

Shredding Event

With tax season behind you, securely shred your documents at the Community Shredding Day on Saturday, April 20 from 9 a.m. to noon. Cost is \$5 for each box or grocery bag.

Yoga Classes

Yoga for all levels with Barbara Cline is held on Mondays and Thursdays at 8:30 a.m.

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155. ☆



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Captiva Cottage

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society

Looking Back: Captiva Cottage, Pre-1940

This cottage was located at the end of Captiva Drive in what was known as the Ziegler subdivision. It was once owned by Ina Watson and now is gone.

The History Gallery, developed by the



Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaislandhistoricalsociety.org/archives/research to view many more images to bring you closer to Captiva.✧

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.✧

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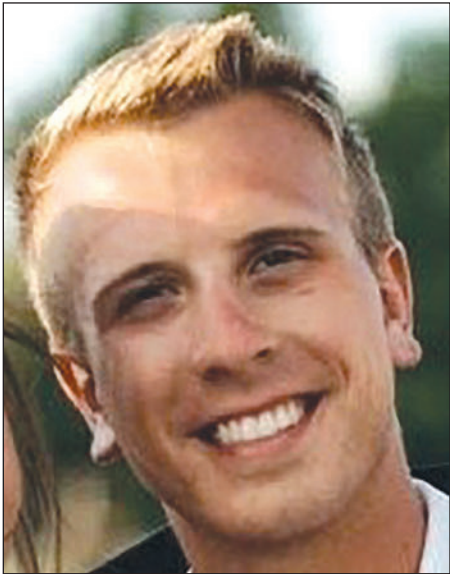


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OBITUARY



JONATHAN D. REYNOLDS

Jonathan D. Reynolds, 24, of Fishers, Indiana passed away on February 3, 2019 from injuries sustained from an accident while on his motorcycle. He was born on October 8, 1994 in Indianapolis, Indiana to John and Joyce Reynolds. He attended Cathedral High School in Indianapolis and graduated from Hamilton Southeastern High School in Fishers in 2013. He was currently enrolled at Ivy Tech. Jonathan also graduated from Culver Summer Naval Academy and later taught sailing there during the summer camps and was also trained to certify other sailors. He also taught sailing at the

Indianapolis Sailing Club. As part of the Fishers Police Department Explorer Academy Program, Jonathan was exposed to law enforcement at its finest. He cherished the time he spent in the Explorer program, and for a while had considered law enforcement as a career possibility. Jonathan was employed at Bose at the Fashion Mall for several years where he honed his technical skills in audio video. Jonathan recently started his own audio video installation company, Geist Audio Video, of which he was most proud. Jonathan always had an entrepreneurial spirit, having started several small businesses. His last venture as owner of Geist Audio Video was a success. Jonathan also grew up as part time resident on Sanibel Island, where he loved to fish and play on the water. He made "Island Boy" friends, which enriched his life and added to his quest for adventure. He lived in Colorado for two years, employed as an insurance agent, where he enjoyed the outdoors, being on the water, wakeboarding, hiking and snowboarding. Out west, for a short time, Jonathan tried his hand as a cowboy tending polo ponies. For his short 24 years of life, he managed to squeeze in a lot of adventure. As someone who could light up a room with his smile and humor, prank his friends, family and teachers, bring up a friend during hard times, he will be truly missed... especially by his mom and dad. Along with his parents, Jonathan is survived by his sister, Diane Shields Porterfield; uncles, Tom (Trena) Loudermilk and Michael (Marilee) Loudermilk; aunt, Becky (Dale) Waite, nieces, Halie Bales, Rian Porterfield, and Alexis Porterfield;

and many dear cousins. He was preceded in death by his grandparents, Earl C. Loudermilk, Virginia A. Loudermilk, Donald E. Reynolds and Rosedna Harris. A visitation was held on February 9 at Leppert Mortuary in Indianapolis.

In lieu of flowers, contributions in Jonathan's memory may be made to St. Margaret's Hospital Guild, P.O. Box 40793, Indianapolis, IN 46240. To share a memory, visit www.leppertmortuary.com.✧

OBITUARY



MATTHEW RYAN HARRIS

On March 20, 2019, another life was taken too soon. Matt is at peace and at home in the loving arms of our Lord Jesus Christ. Matthew was born on April 5, 1992 in Framingham, Massachusetts. Matt grew up in Berlin, Massachusetts before moving to Sanibel Island, Florida in 2005. Matt attended Berlin Elementary School, The Sanibel School, South Fort

Myers High School and graduated from Liahona Academy. Matt is survived by his loving family; parents, Paul and Kathleen (Goulet) Harris, and his caring and supportive sister, Rebecca. Matt and Rebecca were always there for one another, through thick and thin. Matt also leaves behind his paternal grandmother, Dorothy Harris of West Springfield, Massachusetts, and his maternal grandparents, Robert and Rita Goulet of Framingham, Massachusetts. He is also survived by many loving aunts, uncles, cousins and friends. Matt worked as an irrigation technician for many years beside his dad for Affordable Island Irrigation, a family business on Sanibel. Matt was proud of this work and cherished working alongside and learning from his dad, who was his mentor, partner and friend. Matt's big heart, huge smile and sense of humor will be missed deeply.

There will be a celebration of life ceremony on Saturday, April 6 from 5 to 8 p.m. at The Community House, 2173 Periwinkle Way on Sanibel. Bring a story to share, some tears to shed and hugs to give. A funeral mass will take place at a later date in Massachusetts with family and friends. Burial will take place at the Paucatuck Cemetery in West Springfield, Massachusetts.✧

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Blessing Of The Animals At Chapel



Blessing of the Animals artwork by Stan Timson

image provided

Captiva Chapel by the Sea will host its annual Blessing of the Animals ceremony on Sunday, March 31. The ceremony will be held in the chapel yard immediately following the 11 a.m. service.

All animals are welcome to attend

with their owners. If you can't bring your pet, you can bring a photo.

Captiva Chapel by the Sea is located at 11580 Chapin Lane on Captiva. For more information, call 472-1646 or visit www.captivachapel.com.✱

From page 1

Southern Comfort

“wild” dinner – including wild Florida hog (vegetarian and gluten-free options will also be available) – dancing with DJ Kevin Schell, meet-and-greet opportunities with a number of CROW’s animal ambassadors and all of the popular games that have been enjoyed in previous editions – including ring toss, corn hole, basket toss and putt-putt golf – along with a bevy of chances to win great prizes. Among this year’s gift cards to be won are Norman Love Confections, The Home Depot, Target, Why Knot, Fresh Produce and Sanibel Deli & Coffee Factory.

Gift certificates up for grabs include dancing lessons at Island Ballroom, a manicure or pedicure at Cape Nails, a painting party with island artist Laura Ball, tennis lesson for four at The Forest Country Club, tickets to a show at New Phoenix Theatre and Florida Repertory Theatre, Southwest Florida Symphony tickets and “too many bottles of wine to list.”

“I’m just hoping that everyone comes out to enjoy themselves,” said Hussey, who will be experiencing her first Southern Comfort fundraiser as the newly-appointed leader of the organization. “I’m looking forward to meeting lots of new faces and speaking with some of the people who have been longtime supporters of CROW.”

The highlight of the evening promises to be the live auction, again under the direction of auctioneer Tommy Williams. This year’s auction items going up for bid include:

Shore-side Stay with Spectacular Sanibel Sunrises – Spend one week (seven nights) right on the Gulf of Mexico at Hurricane House. This Friday-to-Friday stay in a two-bedroom, two-bath condo will start May 29, 2020.

Golf at The Sanctuary – A round for four (with golf carts included) from May 1 through September 30 at this certified Audubon course designed by Arthur Hills.

Round of Golf for Four at The Dunes

– Good until December 31, 2019.

Take A Doctor To Dinner – Dine with one of CROW’s doctors along with three friends at IL Cielo. Wines will be provided by IL Cielo General Manager Marcus Preece.

Get A Bird’s Eye View – Take a two-hour scenic flight of Southwest Florida’s barrier islands along with two friends. Stop at Panera Bread for a bite before takeoff or after landing at Page Field in Fort Myers.

Host A Gourmet Dinner In Your Home – Featuring Paper Fig Kitchen’s culinary expertise.

Art of Your Choice – Select one of the following: Charlie McCullough photograph framed, with book *Sanibel Memories*; Jimmy Romo’s Coastal Creations surfboard wall art; Jennifer Callahan giclee *Octavia Octopus*; Sea Life quilted wall hanging by Linda Vizi; Sea Turtle Ceramic Platter by Jerry Edelman; *Moon and Half Dome* Ansel Adams official reprint; Kim Patmore wildlife image on canvas.

It’s For The Bird(ers) – Brian Beckner leads a private bird tour for 10 at The Forest Country Club, beginning with a continental breakfast.

Oh, The Places You’ll Go! – Southwest Airlines round-trip tickets for two (four one-way tickets). Among the non-stop destinations from Southwest Florida International Airport (RSW) are Atlanta, Chicago, Dallas, Hartford, Kansas City, Milwaukee and Pittsburgh.

“There will be something for everyone,” added Hussey. “It will be a night to reconnect with old friends or to make new ones, all while supporting local wildlife.”

Admission to Southern Comfort, including dinner, drinks and entertainment, is \$90 per person. Tickets can be purchased online at <http://bit.ly/SOCO-tickets>. All proceeds benefit CROW to save wildlife through care, education and collaboration.

Event sponsorships are also available. Contact Mary Schoeffel at mschoeffel@crowclinic.org or 472-3644 ext. 232 for more information.✱

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Two Local Artists Exhibiting At The Community House

The April exhibit at The Community House features works by Nancy Sperte and Milly Pereira. Sperte paints primarily using transparent watercolor, in studio and en plein aire (outdoors). "I paint the light, and painting in natural light, especially outdoors, provides the clearest and truest colors. Watercolor nicely lends itself to this," said Sperte. Her work often involves scenes of nature. Sperte is active in BIG ARTS, the Sanibel Captiva Art League and the Ridgewood (New Jersey) Art Institute. Pereira, who said that painting is "my happy place," works mostly in acrylics and produces many local landscapes, often painted en plein aire.

"I have painted plein aire all over the world, recently in Italy and Nova Scotia," said Pereira, who has held memberships in art associations in Connecticut, Massachusetts and, locally, on Fort Myers Beach and Sanibel-Captiva. Interestingly, each of these



Nancy Sperte photos provided award-winning painters grew up with artist mothers. The exhibit is open to the public Monday through Friday from 9 a.m. to 3 p.m. at 2173 Periwinkle Way on Sanibel. For more information, visit www.sanibelcommunityhouse.net or www.sancapart.com.*



Milly Pereira



Pine Island Fishhouse by Milly Pereira



Peonies by Nancy Sperte

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Life Enrichment Series

New Opportunities at Shell Point

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2019**

explore play imagine laugh learn inspire

Learn More About Shell Point

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16, 17, 23, 24 & 30
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Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. **Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131.**



April 4 • 7 p.m.

Performing Arts Series: Siberian Virtuosi

Eleven violinists and a pianist comprise the award-winning Siberian Virtuosi, the State Ensemble of the Republic of Sakha. Acclaimed for their energy, unique arrangements and virtuosity, the ensemble has gained an increased popularity in Russia and around the world since it was founded in 1994. During this concert, you'll not only hear the Siberian Virtuosi's masterful execution of well-known classical pieces, but you'll also enjoy music by special guests and featured clarinetist Julian Milkis. Individual tickets cost \$40 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.



April 16 • 7 p.m.

Concerts & Conversations Series Chrysallis Chamber Players



Join trumpeter Mary Elizabeth Bowden, flutist Meghan Brachle and pianist Catherine Lan for an evening of high-caliber chamber music. The group collaborates with a variety of other musicians across the country, performing a range of works by classical and contemporary composers at venues including the Marlboro Music Festival, Banff Centre for the Arts, Verbier and Lucerne Festivals in Switzerland. Individual tickets cost \$30 and may be purchased by calling the box office at (239) 454-2067, or online at www.shellpoint.org/concerts.

April 16–April 18 • 9 a.m.–4 p.m.

Community Thrift Store Easter Sale

Save 30% to 50% off

on a wide selection of merchandise including furniture, clothing, appliances, household goods and more! For more information, contact Community Thrift Store at (239) 225-6529. Located at 15501 Old McGregor Blvd., Suite 2, Fort Myers. Open Tuesday through Saturday from 9 a.m. to 4 p.m.



*If you are unable to attend a class that includes a fee, kindly give 24 hours' notice to receive a refund.

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Visit www.shellpoint.org/events
for full descriptions of upcoming events!

Shell Point Retirement Community is located in Fort Myers, 2 miles before the Sanibel Causeway.
A nonprofit ministry of The Christian and Missionary Alliance Foundation, Inc.



Aerial view of Sanibel Historical Museum and Village next to BIG ARTS photo provided

Historical Village Open During Construction

The Sanibel Historical Village will remain open during the BIG ARTS construction project. The project will continue through the remainder of the historical village's season and into next season, but parking and access for village guests and volunteers will be available throughout that time.

The traditional entrance to the village has been closed off for the construction and a new, temporary entrance has been

made available down the road to the west at what was the exit drive. That drive will now function as both an entrance and exit access. Clear signage has been added at both places.

The Sanibel Historical Village is open Tuesdays through Saturdays from 10 a.m. to 4 p.m. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18; no charge for members and children. For more information or to make a donation, visit www.sanibelmuseum.org or call 472-4648.✧

Recycled Book Sale This Sunday



Barbara McClure, the volunteer who manages the book sale at Sanibel Congregational United Church of Christ, surrounded by books, puzzles, jewelry and gift items that make the sale popular photo by Holly English

The popular Recycled Book Sale at Sanibel Congregational United Church of Christ periodically offers the public a chance to come in and take advantage of its wide selection and great prices. The next time the sale will be open to the public is Sunday, March 31 from 12:30 to 3 p.m.

Included in the sale will be gently used books, CDs, DVDs, jewelry and small gift items. Most of the books

are priced from 50 cents to \$1, the exception being newer or special editions.

Proceeds from the sale will be donated to local nonprofit agencies by Sanibel Congregational Women in Mission (SCWIM). The church is located at 2050 Periwinkle Way, across the street from Periwinkle Place shopping center. For more information, call the church office at 472-0497.✧

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Sanibel Christian Preschool is a community outreach of Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way, Sanibel.

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Saturday, March 30

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Offer valid on pretax purchases of \$50 or more on Saturday, March 30, 2019 at participating EILEEN FISHER stores. Single use, one per customer. Some exclusions apply; see store for details. Total donation up to \$100,000.

Community Camp Offers Day Of Discovery



Community camp participants seined for fish in San Carlos Bay photo provided

On March 15, Sanibel Sea School hosted local students for a Community Camp Day, a free day of ocean fun and learning for children ages 6 to 13. The theme of the program was fish, and participants enjoyed a variety of related games and activities.

"The idea to offer free educational camp days to kids in our community on school holidays stemmed from the Hurricane Camp we hosted after Irma in 2017," said Shannon Stainken, the nonprofit's director of education. "Working parents expressed how difficult it can be to find reliable, affordable childcare for just one day. We saw it as an opportunity to help our

neighbors solve an ongoing challenge."

Fun was had by all as students used a seine net to catch and release fish, played a game of sharks and minnows on the beach and made their own Japanese-style gyotaku fish prints.

Sanibel Sea School's Community Camp Days are made possible by a donor-supported scholarship fund, which ensures that cost does not prevent children from participating in ocean education. Upcoming camp days will be announced via the organization's Facebook and Instagram pages, and will also be shared with email list subscribers. To be added, email your request to info@sanibelseaschool.org.✱

Season Finale For Book Lovers Program

Booked for Lunch, a group for people who love reading and hearing about books that others feel are worthwhile, has for many years met seasonally on the first Tuesday of each month at Sanibel Congregational United Church of Christ. The final meeting of this season will be in Fellowship Hall at the church at 11:30 a.m. on April 2. All are welcome.

The books for the April meeting

are *Lamb in His Bosom* by Caroline Miller, which will be reviewed by Janice McNeal, and *The Line Becomes a River* by Francisa Cantic, reviewed by Cindy Timm. Reading the books is not required. Attendees may bring a bag lunch; beverages are provided. Donations are used for the purchase of reviewed books for the church library.

The program is sponsored by Sanibel Congregational Women in Mission (SCWIM).

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way, across from Periwinkle Place shopping center. For more information, call 472-0497 or visit www.sanibelucc.org.✱



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- Bailey's General Store Drop Off Bin, available during store hours
- Bank of the Islands Drop Off Bin, available during banking hours
- F.I.S.H. Drop Off Bin, available 24/7, located outside the Walk-In Center entrance
- Sanibel Fire Department Station 171, 2351 Palm Ridge Road, available 24/7
- South Seas Main Gate Drop Off Bin, available 24/7
- Perishable items are accepted at the F.I.S.H. Walk-In Center, located at 2430-B Periwinkle Way, between 8:00 a.m. and 3:30 p.m.

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TUES. APRIL 2

12:30 pm SCA Volunteer Lunch
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5-7 pm Sissi Janku Art Opening

THURS. APRIL 4

7 pm Challenges and Solutions to
Solve the Climate Crisis

FRI. APRIL 5

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TUES. APRIL 10

4-6 pm Cooking Demo w/ Chef Jarred

MON. APRIL 15

12 pm Decorating Den

SAT. APRIL 20

9 am-Noon Shredding \$5 Bag or Box

WED. APRIL 24

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Coral Reefs Explored In Film Series At Refuge

The 7th annual "Ding" Darling Wednesday Film Series winds up its biweekly showings on April 3 with *Saving Atlantis* at 1 p.m. in the JN "Ding" Darling National Wildlife Refuge Visitor & Education Center on Sanibel.

Coral reefs serve as a linchpin in the world food web; their decline leads the entire planet in a perilous direction naturally, culturally and economically.

Saving Atlantis focuses on the drastic loss of coral reef ecosystems around the world, how the loss impacts human communities that depend on the ecosystems, and those who are looking for causes and fighting for solutions before it's too late.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free film showing with sponsorship from Sanibel Captiva Beach Resorts. Seating is limited and on a first-come basis.

A short discussion will follow the film to allow visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched

For more information, visit www.dingdarlingsociety.org.



A scene from *Saving Atlantis*, a documentary devoted to preserving coral reefs

photo provided

You Are Invited! SANIBEL COMMUNITY CHURCH STEVE AMERSON & LAURIE GAYLE STEPHENSON IN CONCERT Sunday, March 31, 6 p.m. in the Main Sanctuary



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Tickets available in the Sanibel Community Church Carpenter's Bookstore, email: bookstore@sanibelchurch.com or call 239-472-2684. Suggested Donation \$15. Doors Open at 5:30 p.m. Open Seating.

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Plant Smart

Pickerelweed

by Gerri Reaves

Native pickerelweed (*Pontederia cordata*) is a long-lived aquatic perennial that grows throughout the state.

This member of the pickerelweed family is usually found in standing fresh water no more than a foot deep, such as shallow ponds, marshes, sloughs, swamps and ditches.

The catchy name pickerel refers to the chain pickerel, a fish known to use the plant as cover. It is also called pickerel-rush, pike-weed and wampee. It is related to common water-hyacinth (*Eichhornia crassipes*), a highly invasive species that has clogged Florida's fresh waters for decades.

Like that unwanted species, pickerelweed spreads rapidly and colonizes large areas, reaching three to four feet tall. The stalks are fleshy and the waxy leaves four to eight inches long. They are lance- or heart-shaped. The term *cordata* refers to the heart shape. The leaf indents at its base where it attaches to the stalk.

Dense spikes of tubular blue-purple flowers stand well above the water surface. Each of the many flowers contained in the spike is only a half-inch wide or less.

Flowers have three upper petals and three lower, with the middle upper one bearing two small yellow-white splotches.



Flower spikes comprise many small flowers with yellow-white spots on the upper central petal
photos by Gerri Reaves

The plant blooms all year long and attract bees and many species of butterflies. The starchy winged seeds are eaten by fish and waterfowl. This species spreads via creeping rhizomes, or underground horizontal root-like stems, that form a thick fibrous root system.

Use this pest-resistant plant in a water garden, swale, or pond, either in or out of containers. It can be used to stabilize pond banks. It is not salt tolerant. Give it full sun to partial shade. Propagate it



Native blue-purple pickerelweed thrives on a wet roadside

with seeds or by dividing the rootstock. A white-flowering variety is also available.

The young leaves are edible as salad greens and the seeds can be eaten raw, boiled, dried, or roasted. Or, they can be ground into flour for bread-making. The spikes make long-lasting cut flowers.

Sources: *Betrock's Florida Plant Guide* by Edward F. Gilman, *Complete Guide to Florida Wildflowers* by Roger L. Hammer; *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Gardening for Florida's Butterflies* by Pamela F. Traas, *National Audubon Field Guide to Florida*, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *Wild Plants for Survival in South Florida* by Julia F. Morton, *Wildflowers of Florida* by Jaret C. Daniels and Stan Tekiela, www.floridata.com, www.fnps.org,

<http://www.gardeningsolutions.ifas.ufl.edu/>, www.plants.usda.gov, and www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✧

Presentation On Climate Change

Climate Reality of Lee County is hosting its inaugural presentation, *Challenges and Solutions to Solve the Climate Crisis*, on Thursday, April 4 at 7 p.m. at The Community House. Members of the group will discuss the issues and invite discussion afterwards.

The group is a non-partisan environmental organization formed in 2010 by Al Gore and climate scientists. Since then, it has grown to 101 chapters.

The Community House is located at 2173 Periwinkle Way on Sanibel.✧

HOLY WEEK

Saint Isabel Catholic Church Lent & Holy Week Schedule

Stations of the Cross
Fridays, 9:00 AM in the Church

PALM SUNDAY, APRIL 13/14
Saturday, 5:00 PM • Sunday, 8:30 AM & 10:30 AM

HOLY THURSDAY, APRIL 18
Mass of the Lord's Supper 5:00 PM

GOOD FRIDAY, APRIL 19
Celebration of the Lord's Passion
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Morning Sheephead Then Afternoon Snook



by Capt. Matt Mitchell

Even though spring is officially here, the weather most mornings this past week certainly felt more winter-like than it has in the past few weeks.

Then as things did warm later in the day, we had a few afternoons of crazy strong winds causing cancelled trips and making fishing about impossible anywhere but in sheltered canals and creeks.

Switching back to winter tactics of shrimp fishing was very successful during these cold mornings for sheephead, which I thought had all but disappeared. During the warmer afternoon periods, snook fishing on shiners was the go-to and some days offered clients a slower bite than usual. With our water temperatures teeter-tottering right around the magic 70-degree mark, the time of day has meant everything when choosing which species to target.

Super moon tides had the water screaming in and out of the passes, often making it too fast to fish. Hitting the passes during the slower periods when the tide was switching provided my anglers with some of the largest

sheepshead we have seen in weeks. This window of slow tide movement was as short as 30 minutes most days. Tried and true sheepshead spots throughout the bay provided a few more keepers but nothing like the larger models that came from the passes during the ebb tide.

Schools of ladyfish both in the middle sound and between the lighthouse and the causeway brought some nonstop action of catching mackerel on calmer days. Bluefish and trout were mixed in with them. Sharks are also working these same areas, and it's often as easy as throwing a chunk of fresh-cut ladyfish out to hook up with a much harder fighting fish. Many times, drag-ripping larger sharks in Rocky Channel could simply not be stopped on the gear we had. Super low tides are the best time to get in on this big shark bite in the northern sound.

With yet another mild cold front in the forecast for this week, it will give us another few days of windy rough water. Without a doubt, the northwest wind is the toughest wind to fish the sound. All you can do is get tucked away, while fishing options become fewer.

Like with any cold front, the best bite will come right as the front approaches. Once it passes, high pressure moves in and the fish turn off.

With each passing front, we are getting closer and closer to more consistent weather and fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.



Bigger snook have been feeding better during the warmer afternoons

photo provided

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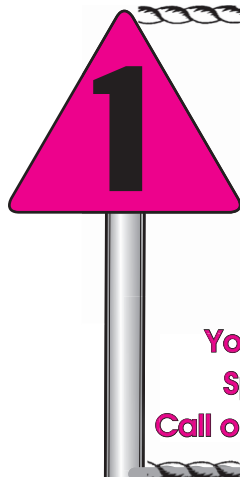
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CROW Case Of The Week:

Short-Tailed Hawk

by Bob Petcher



The short-tailed hawk (*Buteo brachyurus*) is a small tropical hawk that is uncommon in Florida and even rarer in other parts of the country. In fact, the Cornell Lab of Ornithology

refers to it as “one of the rarest and least-studied birds in the United States.” They breed mostly and live mainly in Central America and South America.

Short-tailed hawks do not like to be in open areas much. They would rather be perching in hidden areas and soaring out of observers’ eyesight when hunting. After prey is spotted, short-tailed hawks make steep free fall dives to catch mainly small birds perched on treetops.

These hawks are closely related to red-tailed and red-shouldered hawks, but can have two plumages – clear and dark. Dark ones are more frequent in Florida.

At CROW, a juvenile short-tailed hawk was admitted from a Cape Coral golf course after being found lying down and unable to fly. Veterinarians noted that the patient had moderate paraparesis and was unable to stand. After a physical exam, radiographs and bloodwork, veterinarians did not notice any obvious signs of trauma or

any fractured bones, but suspected the paraparesis may be the result of a spinal trauma.

“Paraparesis is the medical term used to describe weakening or partial paralysis of the legs,” said Dr. Robin Bast, CROW staff veterinarian. “Radiographs showed no evidence of spinal fractures, but severe soft tissue swelling can result in compression of nerves resulting in decreased mobility of the affected limbs.”

The patient is continuing to receive physical therapy every day.

“Physical therapy involves putting each joint in the legs through normal range of motion since the bird is not strong enough to do this itself,” said Dr. Bast. “For the legs, this is often done in a bicycling motion.”

Since being admitted on March 8, the patient has shown slight improvements in its ability to grip and use its legs.

“Spinal trauma can cause temporary or permanent damage. At this point, the hawk is making gradual improvements,” said Dr. Bast. “It is still too early to tell if it will regain enough function to be able to survive in the wild again.”

After a few more days of physical therapy, overall prognosis remains guarded.

“The hawk can now hock-sit and occasionally is able to stand for a few minutes at a time,” said Dr. Bast. “Although this is an improvement, it is too early to tell if it will fully recover from its injuries.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for



Patient #19-0543 is still undergoing physical therapy in hopes that it will fully recover from paraparesis photo by Brian Bohman

native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m.

to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Shell Of The Week

Waxy Gould Clam



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Gouldia cerina (C.B. Adams, 1845), is a relatively small (10 mm, or about 0.4 inch), locally occurring venus clam (family Veneridae). Its shell is triangular, narrow when viewed from the beak (the “top” of the shell), and sculptured with fine radial lines and commarginal (“concentric”) growth ridges. The color is white, sometimes with a few brownish radial bands and brown flecks, internally suffused with purple tinges. This species lives in shallow, sandy areas. Read more about local SW Florida mollusks and their shells at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a lifv Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and



The Waxy Gould Clam, *Gouldia cerina*

inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell

photo by José H. Leal

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✧

Audubon ‘Ding’ Darling Bird Walk



Reddish egret photo by Sam Huntington

The next bird walk of the Sanibel-Captiva Audubon 2019 season will be held on Saturday, March 30 at the JN “Ding” Darling National Wildlife Refuge on Sanibel. Participants will meet in the overflow parking lot (to the left as you drive in) at 8 a.m. These bird walks are open to the public and all levels of experience. Refuge fees will apply; the Duck Stamp and Federal Senior Pass are accepted forms of payment.

For more information, visit www.san-capaudubon.org.✧

OCEAN TRIBE TRIVIA!

What is the name of the modified legs that help swimming crabs move through the water?

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March 15th Question:
What is the name of the cat-like whiskers located around the mouth of a catfish?
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Mollusks are a critical component of the world's food web—including our own.



ANNUAL REPORT 2018



Whew! 2018 was quite the ride! The year got off to a strong start with selection of the architect (Amy Nowacki) and general contractor (Benchmark) to round out our project team for the new Aquarium we'll open in 2020. Our attendance and earned revenue was strong early in the year. Visitor reviews were better than ever. Everything indicated that we were fulfilling our educational mission with gusto. 2018 was going great... until it wasn't...until we all got hit by red tide and the awful blue-green algae. It's a reminder of how fast and hard the winds of change can blow.

This year's annual report letter is a love letter: a letter to all of you who helped and cared. It's a letter of gratitude and thanks. During those awful autumn days, our members called to see how we were doing. Volunteers asked how they could help. Neighbors and fellow business owners commiserated, comforted, and reassured. When one of us became pessimistic, another would remind us all that the positive winds of change blow just as strong. Donors stepped up as never before. It all helped. You allowed us to not only survive, but thrive through our difficulties. After the red tide crash and recovery, we emerged into 2019 just like the bionic woman...we're better, stronger, faster.

So please accept this expression of my great appreciation for all of you who helped repair our part of the world in ways large and small. I am honored and humbled by your generosity.

2019 will be a year full of marvelous, transformational growth because you gave us a strong place upon which to stand and build. Thank you from the bottom of my heart.

DORRIE HIPSCHEMAN

Executive Director
Bailey-Matthews National Shell Museum

FOSTERING A GLOBAL FOCUS ON MARINE ECOLOGY

1st INTERNATIONAL ECO-TOUR with a return eco-trip to Costa Rica now available for 2020



90 POUNDS OF TRASH removed by 37 Museum volunteers from the Sanibel Causeway Islands as part of the International Coastal Cleanup

INVESTING IN CRITICAL SCIENTIFIC RESEARCH

128,550

COLLECTION RECORDS ONLINE via digital aggregator iDigBio



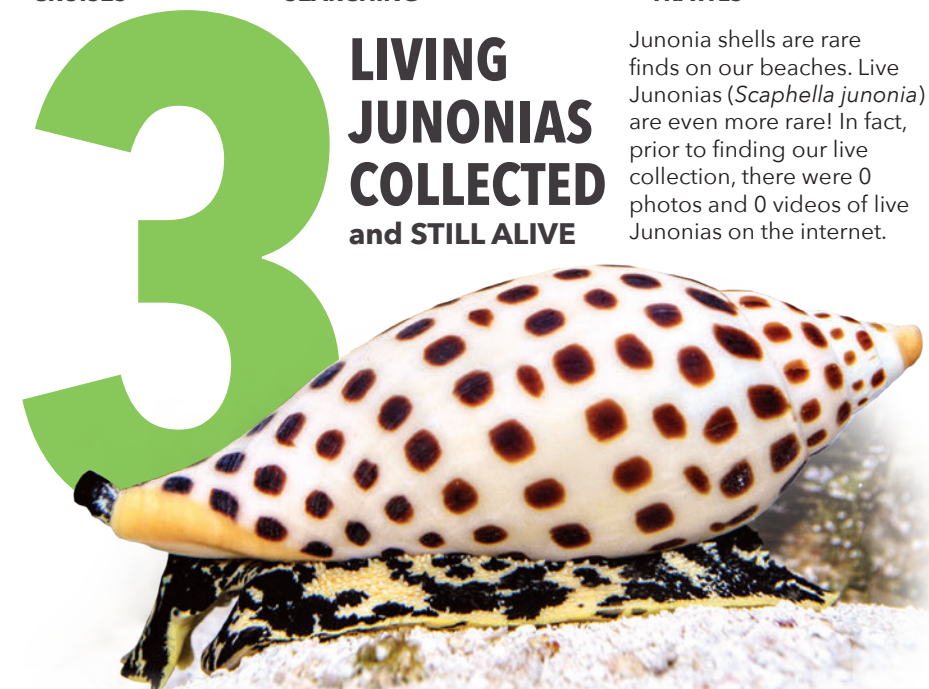
267 "SHELL OF THE WEEK" blog entries written to date
360 SPECIES COVERED in our "Southwest Florida Shells" guide
132 VOLUMES OF THE NAUTILUS JOURNAL published to date

2 + 10 + 60 =

RESEARCH CRUISES

DAYS OF SEARCHING

SCIENTIFIC TRAWLS



3 LIVING JUNONIAS COLLECTED and STILL ALIVE

Junonia shells are rare finds on our beaches. Live Junonias (*Scaphella junonia*) are even more rare! In fact, prior to finding our live collection, there were 0 photos and 0 videos of live Junonias on the internet.

We thank former board member Dr. G.S. Herbert, School of Geosciences, University of South Florida, for inviting Rebecca Mensch (February and September 2018) and Dr. José H. Leal (September 2018) to participate in the Gulf of Mexico expeditions of R/V Weatherbird II, funded by the Florida Institute of Oceanography and the School of Geosciences, University of South Florida. For more, visit shellmuseum.org/junonia.

ENGAGING VISITORS FROM AROUND THE WORLD

35% ATTENDANCE DROP due to red tide & blue-green algae, Aug.-Oct.
94% INCREASE IN DONATIONS (186 total) during the same period



52,461 VISITORS with 3,540 members



138 ACTIVE VOLUNTEERS
9,869 VOLUNTEER HOURS LOGGED

INSPIRING THE NEXT WAVE OF OCEAN LEADERS

2,501



MILES DRIVEN for Mollusks on the Move, which brings our programs into schools, community events, and Golisano Children's Hospital

1,220

GALLONS OF GAS were donated on #GivingTuesday, filling our van 61 times



5,716 PEOPLE SERVED through children's educational and outreach programs

81% of whom QUALIFY FOR TITLE I BENEFITS



AT LEAST ONE CHILD IN EVERY CLASSROOM says that they have never been to the beach

NURTURING THE MUSEUM MISSION

12

BOARD MEMBERS

Holli Martin, Pres.
Scot Congress, VP
Sean Pierce, Treas.
Arlene Mowry, Sec.
Chris Davison, Past Pres.
Mark Anderson
Phyllis Gibson
Richard Green
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Armando Llechu
Fran Peters



8

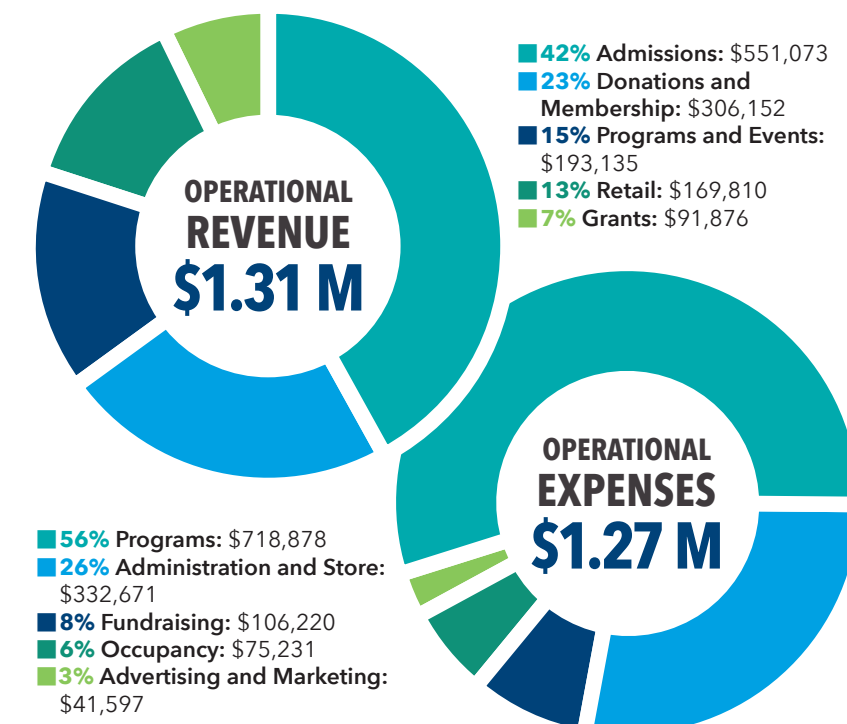
CAMPAIGN CABINET MEMBERS raising funds for our expansion:

Richard Johnson, Chair
Pete Bender
Chris Davison
Roger Grogman
John Henshaw
Holli Martin
Dorrie Hipschman, Exec. Dir.
Melanie Moraga, Asst. Dir.

STAYING FINANCIALLY STRONG

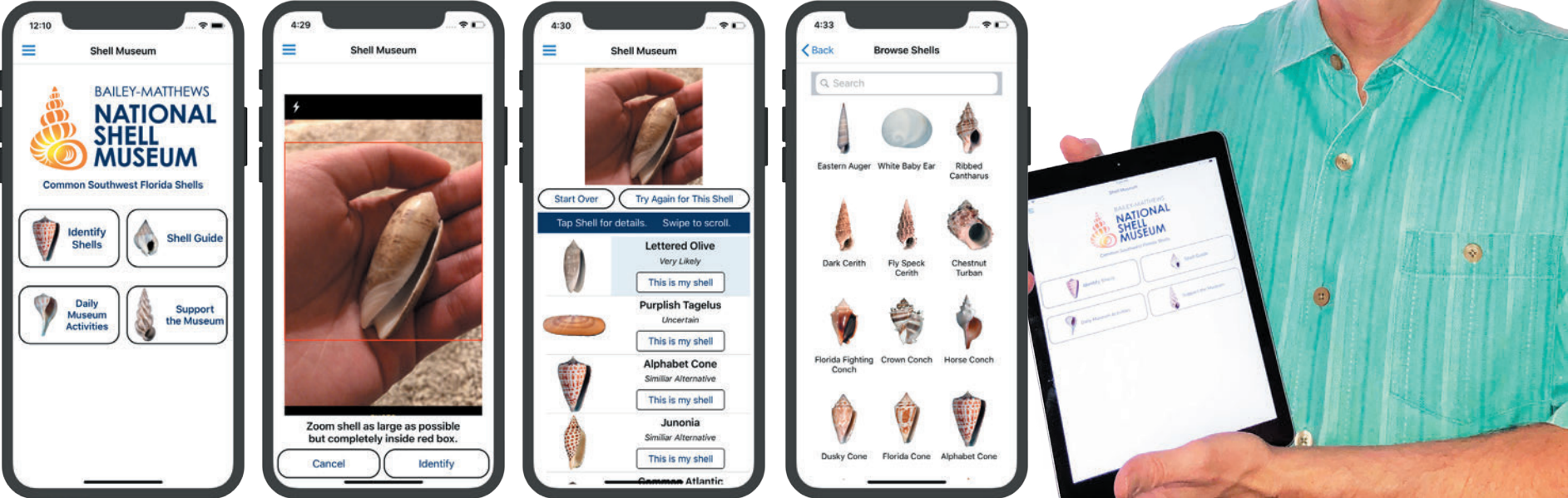


To maximize retail sales during aquarium construction, the Museum opened a pop-up store at the Sanibel Outlets



1,389 TOTAL DONATIONS RECEIVED
254 NEW DONORS

Introducing Our New Shell Museum App

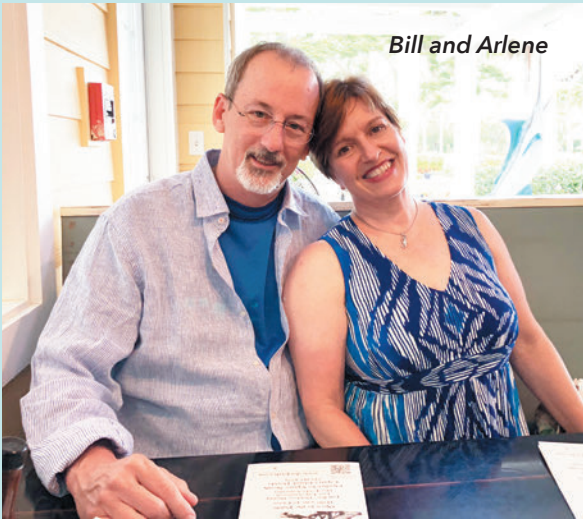


It all started when Arlene Drack decided to volunteer to become a Shell Ambassador for the Museum. She was successful in earning the coveted blue Ambassador “Ask Me” shirt in March of 2017 and enthusiastically took up the Museum’s educational mission.

Then, Arlene’s husband Bill Emerson asked her what topic he should consider when he wanted to have his business team experiment with deep learning and artificial intelligence. He was considering birds, trees, and a variety of topics when Ambassador Arlene said “Why not shells?” It turned out that there were no cell phone apps for photo identification of shells. Bill thought it an interesting project and called Museum Director, Dorrie Hipschman, to ask it if might be ok to create and donate a shell app. The

response could not have been more positive. In fact, the Museum has been longing for just such an app for nearly five years. In late 2017, a partnership was born.

Many months of work and tens of thousands of photographs later (we’ve learned that teenagers beat out the rest of us hands-down in taking shell pictures) we have an unequaled piece of art and science which is the National Shell Museum’s identification guide for cell phones. Bill, and his team of Meindert Niemeijer and Justin Blackburn, have developed a tool that beachgoers near and far will use to increase their knowledge of our SW Florida shells and the animals which create them. It will not only educate, but advance our mission of stewardship for these amazing animals and the ocean that sustains them.



Bill and Arlene



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**



Point your phone camera to this QR code or search “Shell Museum” on the App Store.



Identify Shells! Download the App

Available for iPhone (Google Play Store version coming soon)
Visit shellmuseum.org/shell-app or download on the App Store.

New Name For Clear Your Gear Project

Effective immediately, Clear Your Gear will begin operating under the new group name Mind Your Line. Founded in 2014, the project is a collaborative effort among island conservation organizations to reduce the amount of monofilament and fishing gear left in the environment, which is often detrimental to wildlife.

The project is being rebranded after encountering copyright challenges last year.

"We learned that an individual had recently and unexpectedly claimed the rights to our previous name, so we had to pause and adjust our course," said steering committee member Dr. Heather Barron, medical and research director at the Clinic for the Rehabilitation of Wildlife (CROW). "All of us on the Mind Your Line

committee remain dedicated to the project's purpose, and we plan to continue our work enthusiastically under our new name," she added.

Mind Your Line maintains more than 30 monofilament recycling bins on Sanibel, Captiva and the Causeway Islands. The group has produced a variety of educational materials about the proper disposal of fishing gear, and how to safely assist entangled wildlife. Some new initiatives are being planned for later this year, when Mind Your Line will also unveil a revised website and social media accounts.

Currently, participating organizations include CROW, JN "Ding" Darling National Wildlife Refuge, the "Ding" Darling Wildlife Society, Sanibel-Captiva Conservation Foundation, Sanibel Sea School and the City of Sanibel. A representative from each group signed an updated memorandum of understanding in March to make the name change official. For more information, email mindyourline@gmail.com.✪



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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 29, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 29, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Friday, March 29, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, March 29, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters.

This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal

Saturday, March 30, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned”



might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, March 30, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species.

CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, April 1, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, April 1, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters.

This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, April 1, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Monday, April 1, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Paradise Lost: Impacts of Red Tide on Sanibel presented by Heather W. Barron, DVM, Dipl. ABVP-avian, medical and research

director for CROW.

In 2018, a severe red tide stretched along Florida's west coast killing millions of animals and making hundreds more ill from brevetoxicosis. There will be a discussion on these events, how the hospital staff managed the cases and what CROW is doing to further research to be able to better help animals affected by red tide.

Tuesday, April 2, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, April 2, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, April 2, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Wednesday, April 3, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, April 3, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or

detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

Wednesday, April 3, 2 to 3:30 p.m., (\$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

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CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Thursday, April 4, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, April 4, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

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April Happenings At Captiva Memorial Library

The Captiva Memorial Library is offering the following programs during April.

Adults

History of the 1950s & '60s Through Popular Music – 3 to 4:30 p.m., Wednesday, April 3.

Marc Black, recent inductee into the New York Chapter of the Blues Hall of Fame, has created an engaging and humorous program, and an opportunity for the audience to relive this colorful time in history. The presentation includes a wide range of popular songs including surprising favorites like *Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini*, great rock

tunes like *Blue Suede Shoes* and moving folk songs like Bob Dylan's *Blowin' in the Wind*. The show also features a performance of his own group's hit from 1967, *Happy by the Blades of Grass*. This thought provoking, multi-media show is bound to get everyone singing and feeling good about where we are and where we have been.

Youth Services

Beautiful Spring! – (Regular library hours) April 2 to 6.

Check out the picture book display about spring and make paper straw tulips to take home.

Celebrate April Holidays! – (Regular library hours) April 9 to 27.

Celebrate either Passover or Easter. Each holiday will have its own book display. Make a cute paper bunny to take home and a toilet paper tube.

Merry Month of May – 10 a.m. to 6 p.m., April 30.

Celebrate May Day with books, and use recycled

items to plant flower seeds and get your garden started.

Online:

At the LCLS website, www.leegov.com/library, patrons can click on "What to Read Next" and the link to "Staff Recommended Newsletters" then under "Kids and Teens," click the link to "Exploring with Miss Naomi" to find Miss Naomi's book recommendations for "April Holidays" including Passover and Easter.

Stop by to read a favorite magazine or newspaper; find a good book, DVD, or music CD; color; create a craft; do a puzzle; or play a game of checkers.

Captiva Memorial Library is located at 11560 Chapin Lane on Captiva.

Hours are Tuesday and Thursday, 10 a.m. to 6 p.m., Wednesday, noon to 8 p.m., Friday and Saturday, 9 a.m. to 5 p.m., closed Sunday and Monday.✱



Wed - 3

MAKE YOUR OWN BEE BOX

Many of Florida's solitary bees lay their eggs in hollow branches. Attract these wonderful pollinators to your own yard by making your own bee box! All materials will be provided. Take home a box and information about attracting bees to your yard. Please bring your own hammer, if possible. Wednesday, April 3 from 10 a.m.-noon. Registration: \$30 non-members/\$25 members. RSVP through Eventbrite: from sccf.org, click on Resources, then Calendar.

Tues to Thurs

TRAIL WALKS: EXPLORE SANIBEL'S INTERIOR WETLANDS

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem. Walk Sanibel's interior wetlands and mid-island ridges and learn about native habitats, history and preservation efforts. Tues. - Thurs. at 11 a.m. at the Nature Center.

Thurs - 4

TURTLE TRACKS

Learn about the sea turtles that nest on our beaches, about SCCF's monitoring activities and the devastating impacts of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. \$5. Free to members and children.

Thurs & Fri

This one-hour walking tour of the Bailey Homestead Preserve blends the history of the land, stories about the Bailey family and SCCF's work. See the Windmill, demonstration gardens, the Devitt Pond constructed by SCCF and entrance to the Bailey family home. Walking shoes recommended. Thursday and Friday, 10 - 11 a.m. 1300 Periwinkle Way, Meet at Conservation Gateway Kiosk. Free but \$5 donation welcome. Call 472-1932 for more info.

SCCF 239/472-2329

www.sccf.org

SCCF Nature Center — 3333 Sanibel-Captiva Road

Bailey Homestead Preserve — 1300 Periwinkle Way

Native Landscapes & Garden Center — 1300 Periwinkle Way — 472-1932

SCCF at Work



Projects to restore an additional 20 acres of mangroves and oyster reefs over the next five years are in the permitting process. In February, quadrats of oysters at restoration and reference reefs were collected as part of an annual evaluation of restoration success. There are now reefs that are two and three years old, showing good development.

Visiting Scientist, Dr. Ray Grizzle from the University of New Hampshire, came to help the Lab evaluate the feeding rates of the



restored and natural oyster reefs. As they feed by filtering the water, they are providing an ecosystem service. Dr. Grizzle's work benefits the Lab by helping evaluate restoration projects; here, is using instrumentation that measures chlorophyll.

Beer in the Bushes

A night of positivity, community, and music featuring Langhorne Slim & the Law.

White attire requested.



Saturday, April 20th, 6-10 pm, SCCF Nature Center, Tix at: beerinthebushes.com



Grouper with Snap Beans and Three Pepper Relish

4 (6-ounce) grouper fillets
1 pound snap beans, snapped at the end that was attached to the vine and blanched
3 bell peppers (red, yellow and green), diced small
2 cloves fresh garlic, minced
2 tablespoons fresh parsley, chopped
1 cup low-sodium soy sauce
olive oil for cooking
sea salt to taste
fresh ground pepper to taste
Preheat a small sauté pan over medium-high heat.
Add 1 teaspoon of oil to the preheated pan.
Add the diced peppers and garlic to the pan.
Cook peppers and garlic until just crisp



Grouper with Snap Beans and Three Pepper Relish photo courtesy Fresh From Florida

tender, 3 to 5 minutes.

Season the pepper mixture to taste with salt and pepper and remove from the pan.

Using the same pan, add the soy sauce and reduce by half.

Once the soy sauce is reduced by half, remove it from the heat and set aside.

Preheat a large sauté pan over

medium-high heat.

Add 1 tablespoon of oil to the preheated pan.

Lightly season each grouper fillet with salt and pepper.

Carefully add the fillets to the preheated pan.

Cook fillets for 3 minutes on each side or until fish is just barely done all the way through.

Remove fillets from pan and let them rest.

Add the blanched snap beans to the pan used for the fillets.

Cook snap beans until hot and lightly browned.

Season the snap beans to taste with salt and pepper.

To plate up dish, add an even amount of snap beans to each plate.

Place a grouper fillet over the snap beans.

Garnish the top of each fillet with the pepper relish sauté.

Drizzle each plate with the reduced soy sauce.

Garnish each plate with the chopped parsley.✱

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday, Sunday and Wednesday. Mike Arnone plays on Monday. On Tuesday and Thursday, it's Woody Brubaker and Barbara Dexter.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.✱

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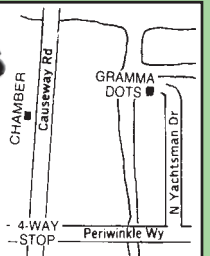


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THE 40TH ANNIVERSARY BENEFIT WAS A HUGE SUCCESS BECAUSE OF YOU

The 2019 benefit is the last to be held at the current BIG ARTS building. It's huge success was a great way to usher in a new era at BIG ARTS and to create a lasting memory. We Continue the Dream and look forward to seeing everyone again next year at the first benefit to be held in the new building!

Thank you for your generosity and a big thank you to benefit co-chairs, Gail Sheetz and Kathy Wiesemann for their extraordinary leadership and the full committee for all their hard work.

COMMITTEE: Carolyn Clark, Betsy Hay, Susan Heisler, Chris Schluter, Lisa Schmidlin, Gail Sheetz, Jeanene Stephens, Kathy Wiesemann, Deb Wilson



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Robert Hunt and Pamela Shivak peering through the high-powered telescope at last year's Octifest
photos by Jeff Lysiak

Scavenger Hunt Added To Octifest Lineup

by Jeff Lysiak

For the first 12 years of its existence, Sanibel Sea School's annual fundraiser – Octifest – became known for an evening of dining, dancing, mind-bending trivia and mingling underneath the stars on Causeway Island A. But for its 13th edition, Octifest

– returning on Saturday, April 13 at 6:30 p.m. – will include an activity that Sanibel Sea School co-founder and executive director Dr. Bruce Neill has become quite adept at organizing: a scavenger hunt. "We always try to have a secret or two to keep everyone on their toes – folks will have to come and experience those firsthand," said Dr. Neill. "But I can tell you that we are going to have a scavenger hunt during the party to help people learn and engage." According to development director Chrissy Basturk, the idea for conducting a scavenger hunt during Octifest came as



One of the most popular activities during Octifest is the trivia competition hosted by Dr. Bruce Neill, right

a result of the school's popular Flip Flop Family Scavenger Hunts, which are held periodically on Sanibel. "We had such great success with our fall family scavenger hunt that Bruce decided to create one especially for Octifest," said Basturk. "It will be held right on the grounds of Octifest – you won't even have to leave the tent. It's just another way to have fun and be engaged in learning about the ocean." However, the scavenger hunt won't be the only highlight of the outdoors affair. "Honestly, I love the cocktail party session of the evening," added Dr. Neill.

"I enjoy chatting with people and enjoying the sunset and the bounty of nature. I think it helps ground me in recalling what we do – to ensure that nature is a vital part of the lives of those coming after us." Octifest will include mingling with cocktails and hors d'oeuvres, a silent auction with 20 to 25 items up for bids, a catered sit-down dinner (vegetarian or beef options), a beer tent with Point Ybel Brewery, demonstrations with MANG, stargazing with Robert Hunt and his high-powered telescope, and a spirited live auction with ever-popular local auctioneer continued on page 30

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Ocean Tribe To Host Sanibel Canal Paddle



by Kealy McNeal

On April 4, Ocean Tribe Paddlers will lead a group paddle through the residential canals of Sanibel. This is an excellent opportunity to explore an area that is home to a surprisingly diverse array of flora and fauna.

We often see lot of marine life during our canal paddles. "Manatees, dolphins, birds and fish are common sightings, and residents' yards are often full of interesting native plants. Paddlers can also expect to meander through a few short spans of shady mangrove habitat.

Those interested in paddling should meet at 9:30 a.m. at the Sanibel Boat

Ramp. The trip will last until approximately 11 a.m. Participants are invited to bring their own vessel, or a limited number of loaner vessels can be reserved in advance by contacting www.oceantribepaddlers@sanibelseaschool.org. Any weather related updates or schedule changes will be posted on the Ocean Tribe Outfitters Facebook page at least one hour prior to the event.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.*

Top Ten Books On The Island

1. *Where the Crawdads Sing* by Delia Owens
 2. *Cocoa Beach* by Beatriz Williams
 3. *Educated* by Tara Westover
 4. *Threat* by Andrew McCabe
 5. *Next Year in Havana* by Chanel Cleeton
 6. *First Lady* by James Patterson
 7. *Inheritance* by Dani Shapiro
 8. *Born a Crime* by Trevor Noah
 9. *Becoming* by Michelle Obama
 10. *Silent Patient* by Alex Michaelides
- Courtesy MacIntosh Books and Paper.*

Stories For Grownups Celebration

Dr. Sidney B. Simon, the islands' notorious story teller, did his first Friday Stories for Grownups at the Sanibel Public Library in 2002. It quickly found an audience and through the years, there were close to standing room only audiences.

On Wednesday, April 10 at 2 p.m., friends of Friday Stories for Grownups are invited to The Community House, where Dr. Simon will highlight stories from that first year right up through 2019.

Story telling came easy to this veteran teacher with 40 years of using stories in his classes. He was nominated as Teacher of the Year at the University of Massachusetts where he spent the last 25 years of his career.

Simon became internationally known for his work in values clarification and earned a place on *Oprah*. He and his son, John, appeared on the *Phil Donahue Show*. He was a keynote speaker at the Betty Ford Center in California and traveled all over the U.S., Canada and seven countries in



Dr. Sidney B. Simon

photo provided

Europe delivering workshops. His book *Values Clarification, a Handbook of Practical Strategies for Teachers and Students*, was widely popular. There were 600,000 copies in print.

Guests are encouraged to arrive early to secure a good seat. The Community House is located at 2173 Periwinkle Way on Sanibel.*



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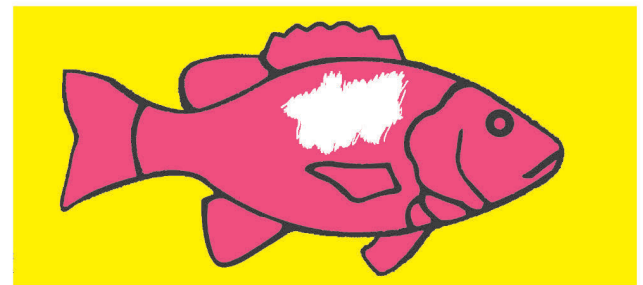
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Members of the Seahorse Chorale performing with Franklin & Marshall Chamber Singers photo provided

Seahorse Chorale Performs With College Singers

On March 12, the Franklin & Marshall Chamber Singers came to visit The Sanibel School as a part of their performance tour of Southwest Florida. They held a workshop with the students as part of their regular class time and performed a concert along with the students that

evening at the school. "This was an exciting experience for the Seahorse Chorale, as they had the opportunity to work with college students to perform in a select collegiate vocal ensemble as well as the opportunity to work with their conductor, William Wright," said Joseph Giangreco, The Sanibel School's music instructor. Franklin & Marshall is a liberal arts college of 2,400 students, located in Lancaster, Pennsylvania. The Franklin & Marshall Chamber Singers showcase the talent of the college's 18 best

singers. The group performs frequently both on and off campus, and sings annually with the Lancaster Symphony Orchestra. Under the direction of Dr. William Wright, the chamber singers have embarked on 12 east coast tours and collaborated with the larger Franklin & Marshall Chorus for over 25 major choral-orchestral works. This year's tour repertoire represents a blend of motets, spirituals, madrigals and contemporary music, including pieces by Giuseppe Pitoni, Tomás Luis de Victoria, Hubert Parry, Ralph Vaughan Williams, Donald Frederick, Jester Hairston, Gary Kent Walth, William Henry Smith and William Dawson.*

From page 28 Scavenger Hunt

Tommy Williams. This year's offering of live auction items includes: Rosé All Day – A three-course meal and perfectly paired wines for you and nine guests at The Hampton Social's newest location at The Mercato in North Naples. Round-trip transportation between Sanibel and the restaurant is also provided. Out of this World Planet Gazing – Astronomer extraordinaire Robert Hunt helps you select an evening with excellent sky viewing potential for you and up to 10 guests. Sanibel Sea School will provide drinks and appetizers.

A Modern Garden by Don Drumm – Add a touch of floral whimsy to your home or garden with this beautiful work of art, created by renowned metal artist and sculptor Don Drumm. Sunset Cruise to Fort Myers Beach – Join "Doc" Bruce aboard *The Ripple Effect* for a leisurely cruise for you and up to eight guests from Sanibel to Fort Myers Beach. Plus enjoy dinner and drinks at Doc Ford's Rum Bar & Grille. Beer in the Bushes 2019 – Attend Sanibel's favorite end of season celebration on Saturday, April 20 without the headache of driving and parking. This package includes four tickets to the event. Also, longtime Sanibel Sea School supporters Melissa and Scot Congress are creating a special Congress Jewelers prize package for the live auction, with additional details to be announced soon. And, of course, what would Octifest be without Dr. Neill's legendary game of trivia with prizes and Sanibel Sea School swag? "All of us at Sanibel Sea School are life-long learners, and we are always trying to find new things to learn," he explained. "The entire sea school tribe helps come together to create questions, so it is really a group effort... I just get to have the fun during the event." Tickets to Octifest are \$150 per person. To purchase tickets, visit www.octifest.org. For additional information, call Sanibel Sea School at 472-8585.*

Octifest

ON THE BEACH

4. 13. 19
6:30pm

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Proceeds of Octifest fund our scholarship program and items desperately needed by Sanibel Sea School, a 501(c)3 non-profit.



John Nader of The Great White Grill with SCCF's Jeff Siwicke, creator of Beer in the Bushes
photo provided

Beer In The Bushes Breweries Announced

The Sanibel-Captiva Conservation Foundation (SCCF) has announced the 10 micro-breweries chosen for the 8th annual Beer in the Bushes, the foundation's annual fundraising event on Saturday, April 20 from 6 to 10 p.m. Advance tickets are \$70; day of (if available) will be \$80. Tickets may be purchased online at www.beerinthebushes.com.

"One of the greatest things that has happened in Southwest Florida during the last eight years is the rise of the local craft beer scene," said Jeff Siwicke, creator of Beer in the Bushes. "Many amazing breweries have been opened and embraced by the community. Some of these breweries have been donating their time and beer to support SCCF for years, especially Sanibel's own, Point Ybel Brewing Company, who has had some hand in Beer in the Bushes since it was first imagined. Naples Beach Brewing, Momentum Brewhouse, Fort Myers Brewing, Bury Me Brewing, Millennial Brewing, Palm City Brewing and South Cypress Brewing have been instrumental in making this event possible for years. Joining us for the first time this year, we are happy to

welcome Coastal Dayz and Big Blue Brewing to the family.

"After all of the local breweries have been selected, we partner with John Nader and his Great White Grill to fill in any gaps that we may be missing. John looks at what everyone is bringing and, for example, if we don't have any lite beers in the lineup, he will provide that. We aim to have something for everyone to sample, including wine tastings provided by Bailey's General Store."

All-white attire is requested for a night celebrating positivity, community and music.

This smoke-free, outdoor rain or shine event for 21-and-older guests is set for Saturday, April 20 from 6 to 10 p.m. Guests are encouraged to bike, carpool or taxi as onsite parking is limited.

Sanibel's Catering by Leslie Adams will coordinate local food truck offerings to complement the beer tastings. All tickets include \$10 in TruxBux redeemable for dinner choices from any of the trucks.

Event proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

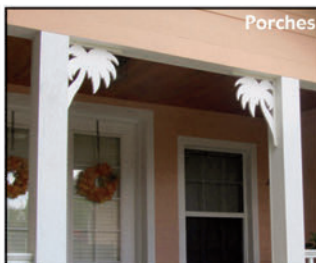
Beer in the Bushes will take place at SCCF's Nature Center, located at 3333 Sanibel-Captiva Road. For more information, call 472-2329.✱



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The Community House

Cauliflower



by Resident Chef Jarred Harris

One of my absolute favorite vegetables is cauliflower. It is an unusual looking vegetable and it comes in four colors. White, which is the most common, orange, purple and green, which is sometimes called "Brocciflower" or "Romanesco." This wonderful vegetable has gained popularity in the past years because it is so versatile. It can be eaten raw or cooked and the entire cauliflower is edible, even the stalk and the leaves. It can even be made into a rice or mashed potato substitute.

Cauliflower is a member of the Brassica family and related to broccoli, cabbage, kale and Brussels sprouts. Cauliflower gets its name from the Latin words *caulis* (cabbage) and *flōs* (flower). This delicious vegetable was originally cultivated in Turkey around 600 BC. The vegetable didn't become popular in Europe until the 16th century and didn't reach America until the beginning of the 20th century.

Because of its high nutritional value, cauliflower is considered one of the world's healthiest foods. It contains minerals such as phosphorus, manganese, potassium and magnesium. Cauliflower is also an excellent source of choline, dietary fiber, vitamin K, vitamin B6, folate and vitamin C. In fact, cauliflower has more vitamin C than oranges.

The health benefits of cauliflower include a reduced risk of cancer, heart and brain disorders. It also detoxifies the body and relieves indigestion. This superfood also helps boost eye health, prevent diabetes, colitis, hypertension and the harmful effects of ultraviolet radiation. The antioxidants and nutrients in cauliflower help in strengthening the immune system and maintaining cholesterol levels.

Here is a simple recipe to try using cauliflower:

Cauliflower Mash**Ingredients**

1 head cauliflower
3 tbsp. milk
1 tbsp. butter
2 tbsp. sour cream
Salt and pepper (to taste)
Bunch chives (fine diced)
Method

Separate the cauliflower into florets and discard the core.

Bring about 2 cups of water to a simmer in a pot, then add the cauliflower. Cover and turn the heat to medium. Cook the cauliflower for 12-15 minutes or until very tender.

Drain and discard all of the water (the drier the cauliflower is, the better) and add the milk, butter, sour cream, salt and

pepper, and mash with a masher until it looks like mashed potatoes. Top with chives.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

Sea School Hosting Tour Of Recycling Center

On Friday, April 5, Sanibel Sea School will offer a field trip to the Lee County Recycling Center as part of the organization's adult class program.

"Recycling plays an important role in limiting the amount of plastic that accumulates on our planet," said marine science educator Shannon Stainken. "Understanding your local recycling procedures helps ensure best practices at home, and can have a positive impact on the ocean over the long haul. We hope you'll join us for this tour of our local facility."

Program cost is \$10 per person, transportation will be provided and leaves from Sanibel Sea School at 9 a.m. The group will stop at a restaurant for lunch on the way home, but the cost of lunch is not included. Return time is approximately 3 p.m.

To RSVP, call 472-8585.*

American Legion Post 123

American Legion Post 123 is having a fish and shrimp fry this Sunday, March 31 from noon to 8 p.m. The following Sunday, April 7, prime rib is on the menu from noon to 8 p.m.

The Ladies Auxiliary meeting will be held on Tuesday, April 2 at 6 p.m.

Every third Thursday of the month is Open Mic Night. Performers of all levels are welcome.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*



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Siberian Virtuosi

photo provided

Siberian Virtuosi At Shell Point

Shell Point Retirement Community continues its 2018-19 Fine and Performing Arts Series with a performance by Siberian Virtuosi at The Village Church on The Island at

Shell Point on Thursday, April 4 at 7 p.m. Tickets are \$40.

Eleven violinists and a pianist comprise the award-winning Siberian Virtuosi, the State Ensemble of the Republic of Sakha. Acclaimed for their energy, unique arrangements and virtuosity, the ensemble has gained an increasing popularity in Russia

and around the world since it was founded in 1994, winning numerous international awards in Russia, France, Italy and Hungary.

Siberian Virtuosi's eclectic repertoire combines Bach, Tchaikovsky and Vivaldi with de Sarasate, Shor, Sibelius and many more. During this Shell Point concert, guests will hear the Siberian

Virtuosi's masterful execution of well-known classical pieces and music by special guests and featured clarinetist Julian Milkis.

The Village Church is located at 15100 Shell Point Boulevard in Fort Myers. For more information and tickets, visit www.shellpoint.org/concerts or call 454-2067.✱



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Book Review

All We Ever Wanted



by Di Saggau

In Emily Giffin's latest novel *All We Ever Wanted*, three very different people must choose between their families and their most deeply held values. Nina Browning

is living the good life, having married into Nashville's elite. Their adored son, Finch, has been accepted to Princeton, and her husband Kirk has made a fortune selling his tech business. All seems perfect until Finch snaps compromising pictures of an unconscious young woman at an alcohol-fueled party. Photos of the young woman, Lyla Volpe, a sophomore on scholarship to Windsor Academy, spread like wildfire through the town, leaving her devastated. Her father, Tom Volpe, is a single dad working multiple jobs while struggling to raise his headstrong daughter. Lyla's mother deserted them, and Tom is determined to exact justice from the school's Honor Council. Nina is upset to find Finch and Kirk rather unconcerned about Lyla's feelings or Finch's crime. They feel certain that the

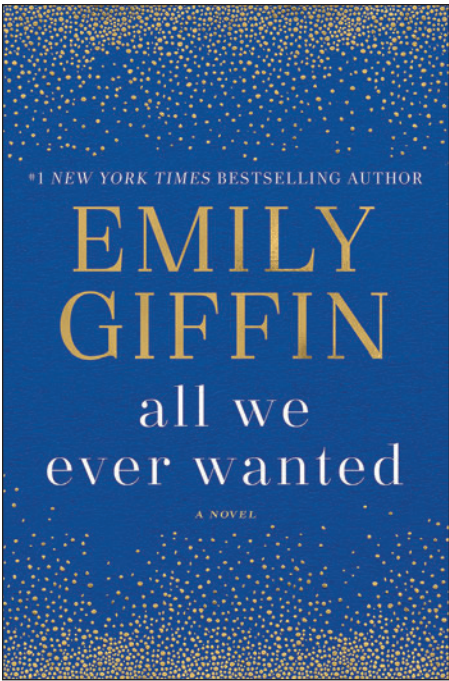


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Browning family wealth will convince the school and Tom to turn a blind eye. Amid so much wealth and privilege, Lyla doesn't always fit in, but in most ways she's a typical teenaged girl, happy and thriving. One photograph taken during a drunken moment at a party changes everything. The community is instantly polarized, buzzing with controversy and quick to assign blame. Nina becomes friends with Tom and Lyla, which starts to expose

what's occurring in her own family. All the characters question their closest relationships, asking themselves who they really are and searching for the courage to live a life of true meaning. Nina is outraged at her son's racist, sexual behavior but her maternal instincts to protect her son remain strong. She also realizes that Kirk may not be the husband, father or man she

thought he was. Both Nina and Lyla must contend with a world centered on patriarchal beliefs. Choosing their own ways forward places them on a painful path. There are losses and gains, and not the ones you might expect. *All We Ever Wanted* is a thought-provoking read and a timely portrait of modern life complexities.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, Last Sunday, *The New York Times* had a headline that implied that being a "Snowplow" parent was best. It came as a surprise to me, especially since I had no clear idea of what being a "Snowplow" parent means. So, I thought an article about the new names of parenting styles might be helpful as you read information about parenting.

I used to teach my students about the classic styles of parenting: authoritarian – a parents-know-best approach that emphasizes obedience; permissive – which provides few behavioral guidelines because parents don't want to upset their children; and authoritative – which blends a caring tone with structure and consistency. For many years now, the authoritative parenting style has been widely regarded as the most effective and beneficial parenting style for typical children. Things seem to be changing and new styles of parenting are now making headlines daily. How to know and decide on what's best for you? Here's a primer on parent labels to help you decide on a new style, but feel free to stick with what has been researched

and proven over the years as most beneficial for children, (hint: the authoritative style). Snowplow parent – These parents are the ones who constantly forces obstacles out of their kids' paths. They have their eye on the future success of their child, and anyone or anything that stands in their way has to be removed. Lawnmower parent – These parents are called lawnmower parents because they "mow down" a path for their children removing all obstacles that may cause discomfort, challenges or struggles. This parent not only helps their child with schoolwork but probably does a lot of the work for the child or at least checks to make sure that everything is correct. Tiger parent – The tiger parent is known for putting excellence in academics and carefully chosen extracurriculars above leisure time. Parents are authoritarian and have high expectations. This is tough-love parenting where children are expected to respond to challenges. Elephant parent – As close to opposite of tiger parenting as possible. These parents value emotional security and connection. Independent sleeping may not occur during the first five years. These parents seek not to raise their voices and value encouragement over academic or athletic success. Helicopter parent – Parents that tend to hover, and this can continue through college. Child-development researchers Foster Cline and Jim Fay coined the term "helicopter parent" in 1990 for

continued on page 37



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Virtual Reality, WWII Programs And Storytime

Weekly children's programs with Youth Service Librarian Deanna Evans continue at Sanibel Public Library. The full schedule, which includes technology programs in virtual reality, is on the calendar at www.sanlib.org.

Sanibel Public Library's Duane E. Shaffer reviews the 1941 Sinking of *Bismarck* and *HMS Prince of Wales* at 10 a.m. on Friday, April 5. He will repeat his program at 2 p.m. that afternoon. Shaffer will present tactics of the Japanese, who aircraft devastated allied naval forces, sinking the battleship *HMS Prince of Wales* in the Pacific.

PoetryFest is at 3:30 p.m. on Monday, April 8 at the library. Poets and poetry lovers are invited.

Weekly Children's Schedule:

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursday at 11 a.m. This program helps develop pre-reading skills through songs and stories. A special Saturday Family Storytime will be held at 11 a.m. on April 13.

Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Wednesdays at 3 p.m. The group will be crafting, building and playing, with books and a snack.

The After-School Crew (for children in kindergarten to third grades) will meet at 3 p.m. on Thursdays. If you love



Storytime at Sanibel Public Library

dogs and books, you can read to Bessie, a bearded collie and trained reading education assistance dog. At 3:45 p.m. on rain-free Thursday afternoons, sign up on-the-spot; program finishes by 5 p.m. No registration is required for weekly children's programs.

The public is welcome, no registration required and no additional cost to participate.

photo provided

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library

cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.*

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Designer Making Appearance During Trunk Show



Bracelet by Lika Behar made of gold, oxidized silver and diamonds
photo provided

Congress Jewelers will host an all day meet-the-designer event and trunk show with Lika Behar on Wednesday, April 3 from 10 a.m. to 6 p.m.

Behar creates unique works of wearable art inspired by ancient civilizations and the Mediterranean. Her hand wrought individual designs reflect ancient history as well as the modern feminine spirit. She works with 24 and 22 karat gold, oxidized sterling silver, diamonds, emeralds, rubies, sapphires and a myriad of other

gemstones of extraordinary color. Behar's collections showcase lively hues and color combinations accentuated by the warmth of pure gold, and striking contrasts of silver and blackened silver with the shimmer of diamonds.

Behar considers her designs classic but not traditional. Her jewelry can be worn every day whether you're at the gym or a business meeting or out on the town with friends. Some of her work was inspired by Francisco Goya, Antoni Gaudi and other classic artists.

With the versatility of her designs combined with her attention to detail, Behar has won many coveted awards including the prestigious Centurion design award, one of the highest honors in the jewelry industry.

Congress Jewelers is located at 2075 Periwinkle Way in Periwinkle Place shopping center. Call 472-4177 for more information.*

PoetryFest Returns To Sanibel Library

On Monday, April 8 at 3:30 p.m., Sanibel Public Library will open its reimagined facility to Sanibel and Southwest Florida area poets for PoetryFest. Since 2000, Sanibel Public Library has hosted his celebration of local poets and National Poetry Month.

Seventeen Sanibel and Southwest Florida area poets will perform their poetry and members of the public will be invited to recite a favorite or original poem. The readings will take place in the newly expanded Room 4. All are welcome and there is no admission charge.

The Sanibel Public Library is located at 770 Dunlop Road.*

From page 1 Flamingos

Florida Bay for nearly 30 years, Dr. Lorenz is well-versed on the plight of big pink birds. He will present two lectures on Flamingos & Spoonbills: Pink Canaries in a Coal Mine at JN "Ding" Darling National Wildlife Refuge on Sanibel on Friday, April 5, at 10 a.m. and 1 p.m. -- part of the 2019 "Ding" Darling Friday Lecture series.

Dr. Lorenz's work banding and tracking spoonbills explains why it took so long for spoonbills to recover from plume hunting and why spoonbills in Florida Bay continue to decline while most other wading birds in the Everglades region recovered quickly after the plume trade ended. He will also speak to the recent flamingo phenomenon.

Audubon state research director since 2005, Dr. Lorenz serves as a member of the Florida Keys National Marine Sanctuary Advisory Council and

is a founding member of the Florida Oceans and Coastal Resources Council.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12 at 10 a.m. and 1 p.m. The season's remaining schedule follows.

Lectures take place in the admission-free "Ding" Darling Visitor & Education Center. Seating for the lectures is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they risk being reassigned.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff, and board of directors.

For more information, call 472-1100 ext. 241 or log on to www.dingdarlingsociety.org/articles/lecture-and-film-series.

April 12 – Author Denege Patterson, Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida (book signing to follow).*

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Writing Life Story Can Be A Joy

by Jeff Lysiak

On Monday, April 15, the Sanibel Public Library will host local author Linda Abbott, who will present *The Joy of Life Story Writing* starting at 2 p.m. There is no charge for admission to the presentation and all are welcome to attend.

"People love the idea of writing their life stories, but many people don't know where to start," said Abbott, a resident of Bonita Springs. "My goal is to encourage them and give them tips, tools and resources to capture and preserve their memories."

An author, speaker and award-winning journalist, Abbott is the founder of *Never Forget Legacies & Tributes*. A frequent visitor to Sanibel, she splits her time between Bonita Springs and Middleton, Wisconsin. Abbott is the author of *Ten Days In Paradise*, her Sanibel-inspired debut novel.

During the presentation, participants will learn about ethical wills, also called legacy letters, which pass on values, wisdom and faith traditions. Abbott will share tips, tools and resources for people to write their own life story, or capture and preserve the memories of elderly loved ones. Participants also will learn about techniques – such as timelines and memory sparks – to recall more of the past, and the many benefits



Linda Abbott

photo provided

of life story writing.

"Our memories and stories are one of the most precious gifts we can share with our children and grandchildren," Abbott said. "But many people don't know how to get started on writing their life stories, or are overwhelmed by the thought."

Abbott's interest in life stories goes back many years ago when she worked as a journalist for a community newspaper in Hinsdale, Illinois. "My favorite assignments were interviews for a weekly feature called *Community Closeup*," she explained.

"Reminiscing is a joyful experience. It allows individuals to revisit the special moments in their lives. Sharing these memories connects us more deeply to our children and grandchildren. That's more important now than ever with grandparents and grandchildren often living hundreds of miles apart."

Interest in genealogy and family histories are more popular than ever, with people wanting to find out more about their ancestors. But setting about the task of life story writing requires both dedication and discipline.

"It's so easy to get caught up in the here and now – the daily flood of texts, tweets, Facebook posts, email – that we tend to lose sight of the fact our moms and dads and grandmas and grandpas won't be around forever," added Abbott. "Memories fade, health problems emerge, things can change quickly. Know this, and move forward."

Following the presentation, there will be a question and answer period.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.✱

From page 34

School Smart

parents who may be over-involved and always assessing risk, thus preventing children from developing that skill.

Dolphin parent – Shimi Kang writes in *The Dolphin Way: A Parent's Guide to Raising Happy, Healthy, and Motivated Kids Without Turning*

Into A Tiger that these parents seek collaboration, flexibility and balance. This parenting is further defined by the acronym POD. P for play and exploration, O for others and D for downtime, which includes rest, exercise and sleep.

Attachment parent – Attachment parents desire close contact between baby and caregiver through baby wearing, breastfeeding and co-sleeping. These parents use natural closeness rather than the clock to determine their babies' needs. Parents also emphasize role modeling and positive discipline by using praise and rewards for good behavior and loss of privileges for poor behavior.

Free-range parent – These parents allow their kids to walk to school or a nearby playground alone. Young children may be allowed to ride public transportation or shop alone. Free-range parents believe this freedom promotes independence and self-reliance. But it's not been without controversy as others have seen it as dangerous and neglectful.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for *School Consultation Services*, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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A Rockin' Good Time At BIG ARTS 40th Anniversary Benefit

A sold-out crowd gathered for the BIG ARTS 40th Anniversary Benefit in Schein Hall on March 22. The end of season celebration included pre-concert drinks and hors d'oeuvres, and dancing in the aisles to music by The Lords of 52nd Street, featuring original Billy Joel Band musicians. Desserts and drinks followed, with mingling and dancing in the garden.

Major renovation of the BIG ARTS facility will begin on April 1. Plans call for a 410-seat performance hall, galleries, classrooms, meeting space and administrative offices. Proposed site improvements include new landscaping, patios, decks, walkways and a reconfigured parking area.

The reconstruction project has an expected completion timeframe of 10 months. Programming is anticipated to return to the new complex in January 2020, with staff moving in to their new facilities the following month.

For more information, visit www.bigarts.org.✧



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Tony Lapi and Charlie Sheetz



From left, Lee Wilson and John Schmidlin with Kim and Ken Kouril



From left, Adam, Jeff, Sarah and Lizzie Eberhard



Jim and Josie Urbelis



Walt Hendry and Janet Strickland



From left, Byron Pollock, Judy Adler, Judy Pollock and Susan Heisler



From left, Michael Ferrarini, Alec Boyd-Devine, Jordan Hersey, Victoria Boyd-Devine and Mike Devine



Jim and Gaye Pigott



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From left, Judy Risch with Nancy and Jeffery Wickham



Kirsten and John Kaltenmark



From left, Tom, Mady and Jeanne St. Ville



David and Nora Mimms



BIG ARTS 2019 Annual Benefit committee members, from left, Deb Wilson, Susan Heisler, Lisa Schmidlin, Jeanene Stephens, Kathy Wiesemann, Gail Sheetz, Chris Schluter, Carolyn Clark and Betsy Hay



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Captiva Trivia Game Tickles Funny Bones

by Jeff Lysiak

Placing a greater emphasis on laughter and camaraderie rather than submitting responses with correct answers, the second edition of the Captiva History Game Show – dubbed What Do You Know II – was staged at the Captiva Civic Center on March 18.

Hosted by the Captiva Island Historical Society (CIHS), the *Jeopardy*-style quiz show featured a catalog of challenging questions, each with answers found in the CIHS ever-expanding archives of newspaper clippings, letters, postcards, pictures and vintage keepsakes.

More than 125 people attended the quiz show, which began with a random selection of players drawn by host/quizmistress Vanessa “Queenie” Viglione. In Round 1, teams were comprised of Settlers (Karen Bell, John Bates and Sherrill Sims), Pioneers (Jim and Joan Eschert and Zeke McDonald) and Homesteaders (Paul Garvey, Lisa Riordan and Pat Boris). Categories in Round 1 included Red, White & Blue; CIHS; “F” Words; Once Upon A Time; and Let Me Entertain You.



Despite answering another question wrong, Settler team member Karen Bell, center, was all smiles during the March 18 presentation of What Do You Know II, a trivia game sponsored by the Captiva Island Historical Society

photos by Jeff Lysiak

Some of the history-based trivia questions ranged from identifying well-known people and places to some oddly obscure facts. As an example, the contestants were asked:

In 1980, Chuck Rogers played his accordion at The Mucky Duck, accompanied by his monkey Harold. The monkey had a “voice like a banshee and a weakness for” this.

A) Game shows

- B) Bubble Room cake
- C) Licorice
- D) Loose women

The correct answer, C, drew a wave of laughter from contestants and audience members alike.

Other questions, which were researched by both Viglione and Mary Jane Vinson, were aimed at some of Captiva’s best known visitors and residents, including Andy Rosse, George

and Louise Tuttle, Charles Lindbergh, Stella Farwell and others. By the end of Round 1, the Pioneers held a narrow lead over the Homesteaders, 1,400 points to 1,300 points. The Settlers were close behind with 1,000 points.

From there, things seemed to get sillier.

Bringing aboard a new group of contestants, the Settlers (Jim Pigott, Robin Cook and Dick Pyle), Pioneers (John Dale, Kathy Swerdick and Dave Saunders) and Homesteaders (Denise and John Beggs and Katie Gardenia) ramped up the pace of the game... and the frequency of incorrect answers.

Another trivia question example, which drew plenty of laughs from all in attendance:

The 1971 Captiva telephone directory mistakenly gave the incorrect number to call in the event of this.

- A) Full frontal nudity
- B) Fire
- C) Fishing after 10 p.m.
- D) Fireworks

The correct response was B, which surprisingly was correctly answered on the first guess.

However, by the end of Round 2, each team’s scores had plummeted to embarrassing levels. All three groups had registered a negative number of points, but when you consider the amount of chuckles, giggles and guffaws that accompanied each incorrect answer,

continued on page 14B



From left, Settlers team members Jim Pigott, Robin Cook and Dick Pyle



From left, Homesteaders team members John and Denise Beggs and Katie Gardenia



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Molly Downing points out an osprey nest from the view atop the tower on SCCF's Nature Center trail
photos provided

SCCF Volunteers Lead The Way

“Being a volunteer trail guide gets me out on the trails to enjoy the peace and beauty of nature, just a few steps away from the seasonal traffic jams. People who choose to learn about the environment on a guided walk are attentive and inquisitive. We all learn from one another,” said Molly Downing, Sanibel-Captiva Conservation Foundation (SCCF) Nature Center trail guide for over 18 years.

Downing is just one of over 37 volunteers who lead the way in educating visitors and islanders about native vegetation and island ecology on walks at the SCCF Nature Center on Sanibel-Captiva Road and at SCCF's Bailey Homestead Preserve. In addition to those volunteers, the Trail Blazers clear all the SCCF trails that are open to public walks. Trails at the Periwinkle Preserve are open but not guided.

SCCF Nature Center walks are offered during season Tuesday through Thursday at 11 a.m. Since Sanibel is a unique barrier island in Florida with an



Trail Blazers Mike Rice and Sandy Cage show off the display case Rice made to identify native trees

interior freshwater wetland ecosystem that has not been lost to development, the guided walk at the Nature Center winds through the interior wetlands and

continued on page 19B



Volunteer guides Kay Sadigi, center, and Arlene Doran, right, explain the history of the Bailey Homestead windmill to Joyce White visiting from Ithica, New York



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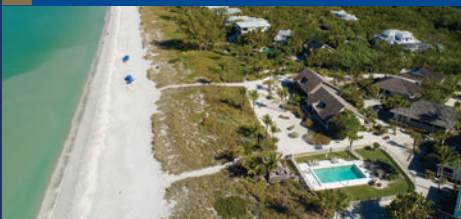


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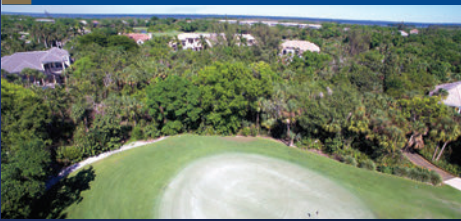
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Retirement Reception For City Employee

Sandy Larsen, assistant city engineer, will retire on April 30 following 30 years of exceptional service to the citizens of Sanibel. Larsen will be recognized with a reception on Tuesday, April 2 at 8:30 a.m., followed by a city council presentation at 9 a.m. at Sanibel City Hall, located at 800 Dunlop Road. All citizens and members of the public are invited.

Larsen's career is a three decade testament to a person's ability to advance through hard work and academic achievement. Larsen joined the city staff in 1989 as a clerk typist in the planning department. Throughout her tenure, she has held numerous career advancing positions in the city's departments of planning, utility, public works and community services.

Larsen earned her bachelor of science degree in civil engineering in 1998 from the University of South Florida, while working fulltime. Upon completion of the required internships and examinations to be licensed as a state of Florida professional engineer, Larsen was appointed to her current position of assistant city engineer in 2006.

The major projects Larsen completed while she was in service with the City of Sanibel include:

Served as lead design engineer and project manager for the city's phased sewer expansion projects. All phased



Sandy Larsen

photo provided

collection projects were designed in house by Larsen except Phase 1 and 4A. Over \$30 million in sewer collection design has saved the city an estimated \$3 million.

Abandonment of the Sanibel Bayous Package Plant and connection of city parks to public sewer.

Conducted computerized hydraulic analysis on existing and proposed sanitary sewer forcemain which made it feasible to transport sewage from the west end of the island to treatment facility.

Wrote the city's utility easement and legal description and has acquired over 300 volunteer easements through correspondence, homeowner association meetings and personal contact.

Emergency management experience as structural safety inspector, coordinator of collection system generators, bypass pumping, contractor coordination and communication after Hurricane Charley. After Hurricane Irma, managed debris hauling, monitoring and routing.

Coordination of Sewer System Evaluation Survey (SSES) studies and repairs. High flows attributable to infiltration and inflow during high ground water and rain events reducing plant capacity saving long term treat and transport costs.

Currently completing final review of seven HMGP grants from Irma totaling almost \$2 million.

Installation and administration of the city's first PC network. Responsibilities included evaluating, recommending, budgeting and implementing computer hardware and software.

Installed software and custom programming for the planning department's database program.

Autocad designed the city's electronic street address and other regulatory maps.

Larsen earned her floodplain manager certification in 2003. She is also a Florida qualified storm water management inspector, a structural safety inspector for the City of Sanibel's Emergency Management Response Team and an original member of the city's employee HAM amateur radio operating team.

Additional training completed by Larsen includes FEMA Operational Planning courses as well as numerous advanced technology and management classes.

Larsen has represented the City of

Sanibel as member of the following professional associations: American Society of Civil Engineers; American Public Works Association; Florida Floodplain Managers Association; and Association of State Floodplain Managers.

Larsen has been recognized for perfect attendance, selected by her peers as Employee of the Quarter. Her personnel file includes many letters of appreciation from citizens of Sanibel.✱

Extended Hours For Passports

The Lee County Clerk of Court office is expanding its passport acceptance hours the week of April 22. Extended hours between Monday, April 22 and Friday, April 26 are from 8 a.m. to 6 p.m. and Saturday, April 27 from 9 a.m. to 2 p.m. No appointment is necessary.

Lee Clerk's Recording Office accepts and verifies passport applications on behalf of the U.S. Department of State. It reviews the passport application, collects the correct fees and makes sure that all required documentation is included prior to it being sent. Passport photos can be taken for an additional fee.

You may not be required to come to the office for a passport renewal. To see if you qualify for a renewal by mail, check passport renewal information on www.leeclerk.org. Required fees, documents and all other information can also be found online. Call 533-5007 with any questions.✱



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9:00 Speakers

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Signal Inn #4 is recently-remodeled. Gulf view from screened balcony. Covered parking & storeroom below. Earning ~\$60K/year in on-site short-term pet-friendly program. \$499.9K



Income-producing condos

Delightful Updated Beach-Facing 2 Bedroom
1st floor east-end Sanibel Arms West #E2 has updated open kitchen, new baths, & impact-resistant glass. Low condo fee & easy on-site rental program charges just 10.5%. \$874K



Top-Floor 3 Bedroom With Private Deck
Pointe Santo #C43 has years of income history in mini-resort w/pool, spa, clubhouse with activities, tennis, bbqs, & more. Pro-active association soon completing building restoration project. \$995K



Beachfront Home With Amenities
1351 Middle Gulf Dr, 1 of 4 gulf-facing residences in Moonshadows where no rentals allowed. 12 homeowners share pool & tennis. 3,000+sq. ft. with expansive views. \$1.549M



Waterfront homes

Remodeled Top-to-Bottom on Canal
Ground-level split-plan with 3 suites at 842 Limpet Dr. Stunning great room with 2-story wall of windows & upper loft. Large pool, paver entertaining deck, & 90' dock with lift. \$2.295M



Over 5,000 Sq. Ft & This Bay View
Renovation in process at 1238 Isabel Dr on deep Sanibel Harbour lot. Interior & exterior facelift designed to compliment the beachside pool & nearby dock w/lift. It will be chic! \$3.495M



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Vacation-ready solid concrete-block split-plan with this fabulous waterside pool & spa. Remodeled & reconfigured. In Gulf Shores at 1050 White Ibis Dr. \$849K



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On private road at 9270 Kincaid Ct in Belle Meade with conservation land view across street. Handy to school, rec center, wildlife refuge, & bike path. ~79'x130'. \$149K



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9441 Peaceful Dr on interior circle in Gumbo Limbo. A home here will have sunset views, or sunny backyard garden or pool. Convenient to causeway, bay, beaches, & shopping. \$249K

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Karasue@comcast.net



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New Listing
17020 Willowcrest Way Unit 109
\$254,900
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SanibelBrooke@aol.com



From left, “Z-man” Robert Randell, Peekers Sue Hufler, Maryann Kanzius and Maureen McClintock, and Zontian Windy Gavin
photos provided



From left, Peekers Linda Winn, Cecy Faster, Sandy Sullivan, Mary McManus and Joyce Perkins

Record-Breaking Year For Zonta’s Island Home Tour

submitted by Sue Denham

With final figures still to be calculated, all signs point to yet another record-breaking A Peek at the Unique for the Zonta Club of Sanibel-Captiva. On March 16, participants boarded buses for the 18th annual tour of four distinctive island homes, after enjoying taste treats at Sanibel Community Church. The gross of \$148,526 was the highest ever, and all proceeds will be awarded in grants to local nonprofits whose programs help to empower women, along with a pledge to the Zonta International Foundation.

Our thanks to everyone who made this possible!

For more information about the Zonta Club of Sanibel-Captiva, visit www.zontasancap.com.✱



Peek benefactor Sharon Ellen, third from right, with neighbors and friends who all rode on the same bus



From left, VIP Peekers Gayle Pence and Ada Shissler with Richard Johnson, chairman of the board for Community Housing and Resources (CHR)



From left, Peeker Pat Haggerty with Zonta Peek chair Susan Tucker and Catherine Anderson, Peek volunteer



Peekers Betsy Bender and her mother, Pat Bender



Peekers Dave and Janet Hurley



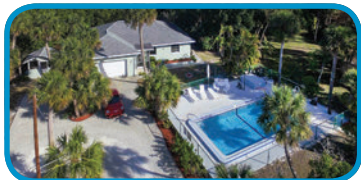
Sally Hanser and Carol Mullin



Peekers Betsy Barry and Lea Brown



Karen Noll and Julie King relax at home base, Sanibel Community Church

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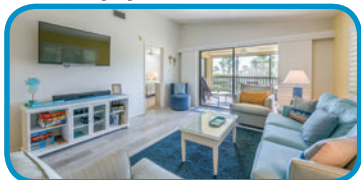
This 3 BR, 2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation and abundant natural light. Community pool; easy walking distance to beach access.

\$575,000**3941 Coquina Dr.**

New! New! New! Completely renovated 3 BR/2 BA ground level home with enclosed salt water pool. Short walk to beach. Great room AND den with fireplace; impact glass, new electrical, plumbing, irrigation and more! A must see home, ready for a new owner.

\$849,000**4014 West Gulf Dr.**

Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks overlooking oversized salt water pool and native vegetation. Gulf views; an exceptional home! Gulf view, an exceptional home!

\$3,699,000**Sandpiper Beach #303**

Beautifully updated corner unit with vaulted ceilings and gulf-front and pool views. Fully outfitted for rental with great rental income history.

\$785,000**678 Durion Ct.**

Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$749,900**Sandfoot #3C1**

Beautiful 2 BR, 2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

\$699,000**Seashells of Sanibel #36**

2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from some of the finest, unspoiled shelling beaches in the world, this complex is an ideal West Gulf Drive location.

\$380,000

Rotary Happenings

submitted by Shirley Jewell

Amazing! The weather on March 23 was outstanding for our inaugural Wheels for Wheels Sanibel-Captiva Rotary in-house club fundraiser. Final wrap-up numbers won't be available for a week or two but it looks like the club will come close, if not exceed, the goal of raising \$25,000 for the purchase of 250 wheelchairs through the Southwest Florida Wheelchair Foundation for distribution in the Caribbean sometime this year. Dollar amounts come in through individual pledges collected by Rotarian bike riders for each mile they rode during this event.

Here is one number that will certainly impress you. Rotarian Joleen Raho rode 100 miles Saturday, starting before sunrise and ending somewhere around high noon. Noon was the estimated time for the end of the ride. Miles were clocked-in on Raho's phone app. To date, she is the leader of the pack. Her final pledge amount has not been recorded yet, so stand by for that final number. I'm sure that will be impressive, as well.

The cost of each wheelchair through the Wheelchair Foundation is \$100.



Lisa Absher photo provided

Putting the brakes on this topic and pedaling back a little, our guest speaker for March 22 was Lisa Absher, who spoke about elder law and guardianship under Florida Law Statue 744. Absher had participated for many years in the Guardian Ad Litem program (court appointed guardians for children representing the best interests of children as a neutral third party and advocate in legal proceedings

and wellness concerns). Under Florida state law, guardians ad litem have considerable power, arguably assisting the court as the trier of fact to protect the best interests of the child. After having children of her own, Absher took a step away from involvement with Guardian Ad Litem. She knew she would be too emotionally affected by some of the circumstances and outcomes of her guardian ad litem work with children.

Five years ago, Absher stepped back in to a position of Florida guardianship, but this time as a professional legally certified Florida Department for the Elderly legal guardian. She had to take 40 hours of specialized training, pass an examination on best practices in guardianship of elderly or handicapped persons and estate finance, acquire a \$50,000 blanket bond, submit information on her credit history, register with the state of Florida and be approved. There is high accountability in this position.

The state of Florida has many unusual cases of elderly abuse due to physical and mental health-related circumstances, no close relationships with relatives and friends, and financial distress or vulnerability.

Absher shared that in the ideal circumstance, some distress can be avoided if you have the following five legal documents in place that can assist your loved ones in medical or financial emergency or at death to ease the distribution of assets. They are: a

medical directive, a durable power of attorney for healthcare and HIPAA release, a durable power of attorney for finances, a revocable living trust, and a will.

But let's face it, not all of us live in ideal circumstances and many elderly experience distress at their most vulnerable time of life. They find themselves alone; no close or long-time friends and family around to rely on. Some come to rely on the kindness of strangers, and some of these strangers many not have the best interest of their elderly friends at heart. As an example, Absher told the story of how an elderly person befriended a clerk in the drugstore. Knowing this person was vulnerable, the clerk got the person to loan him/her \$20,000, with no intention of paying it back. Many different scenarios like this one are played out all over Florida, both by strangers and sometimes by relatives.

The Florida Department of the Elderly receives information about potential elderly physical, mental and financial abuse in many different ways; a medical provider, banker, attorney, housekeeper, neighbor, clergy, family member, etc. Each case reported to the county or state is followed up on and a guardian may be selected or appointed by the courts as a protective shield for the elderly clients.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**



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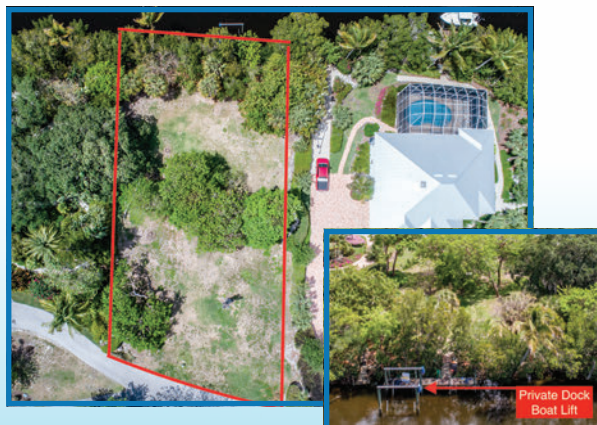
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800 Sextant Drive, #2 - Yacht Haven
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TRULY A ONE OF A KIND LARGE SANIBEL LOT WITH DOCKAGE & BOAT LIFT!

Rare opportunity to purchase a large lot in a great neighborhood with approximately 19,000+ square foot lot in Geo Zone G, altered land, which will support 6000 square feet plus of impermeable surface coverage. Lot has a dock and 10,000 lb boat lift in place with direct access and offers easy access for fishing from the NW part of the island. Lot is relatively clear. Just bring your house plans and break ground!

5251 Indian Court
\$689,000



DIRECT GULF FRONT SANDALFOOT CONDO

Direct gulf-front 2BD/2BA condo with walk-out lanai just steps to the beach! Spectacular views from the living room and screened lanai. Complete renovation in 2017, which features new kitchen cabinets, granite countertops, Jenn-Air appliances. Both bathrooms new tile, cabinets, granite, & walk-in showers. Master bedroom is spacious with view of the gulf. This open light & bright condo is impeccably furnished. Other features include impact windows, crown molding, plantation shutters, LED lighting, painted walls & ceilings. Great rental history (approximately \$70,000) with on-site management rental office and weekly rentals. Investors - Don't miss this one!

671 E. Gulf Drive, Unit 1C1 - Sandalfoot
\$959,000



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Mary Jane Vinson with Vanessa “Queenie” Viglione, who randomly selected names of participants

photos by Jeff Lysiak

From page 1B

Trivia Game

the results were well worth it. For “Final Jeopardy,” the three teams – all contestants from both previous rounds – were asked: In 1958, \$5 would buy you a ride on Buddy Bobst’s *Dawn Patrol* to “all



Three teams of contestants – the Settlers, Pioneers and Homesteaders – awaiting the next trivia question


islands where *News-Press* is delivered.” *Dawn Patrol* departed promptly at 6:45 a.m. from this Fort Myers location. Of course, none of the teams responded with the correct answer, Page Field. In the end, the Homesteaders were named the winners

with a score of negative 1,799 points. And a plethora of happy memories that should last until the next trivia game takes place. The final CIHS event of the season will be held on Monday, April 8, when the Captiva premiere of the documentary *Be Our Guest: The History of Lodging on Sanibel & Captiva* will be screened at the Captiva Civic Center, located at 11550 Chapin Lane. This film takes a historic look at accommodations, from island rooming homes to resorts. Doors open at 5:30









p.m., and complimentary refreshments will be served. A cash bar will also be available. The screening will start at 6 p.m. Admission is free, but only limited seating will be available. To reserve seats, visit www.eventbrite.com/e/ding-darling-slept-here-tickets-49400276557 or call 472-2323. Sponsorship of the CIHS 2018-19 season schedule is generously provided by The Sanibel Captiva Trust Company. For more information, visit www.captivaislandhistoricalsociety.org.✧

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The Island Water Association - NOTICE -

The annual meeting of
The Island Water Association, Inc.,
will be held at 10:00 a.m.
on Monday, April 8, 2019
at the offices of the Association
located at
3651 Sanibel Captiva Road,
Sanibel, Florida.


Paul E. Garvey
Secretary

All IWA Members are encouraged to attend.

ADVENTURES IN PARADISE

Outfitters Sanibel Island

Celebrating 10 years!

Adventures In Paradise Outfitters at Tahitian Gardens Shopping Center on Sanibel Island has reached its first 10 years. Woohoo! Thank you to everyone who has come out and shopped with us throughout the years and watched our family grow. We couldn't have done it without you and we look forward to another adventurous 10 years! :-)



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ABWA members, from left, Angela Larson Roehl of Rosier Insurance, Gaby Bell of Sanibel Captiva Community Bank, Julie DeBord of Kennedy Construction, Gloria Garrett of HMG Consulting, Marj Nordstrom (retired music industry luminary), Kelley Laird of New American Funding, Nancy Barnes of Arthur Printing, Marty Short of Donald W. Short & Associates Insurance and Kira Dworkin of Kira Michael Gems photo provided

ABWA Women’s History Month Celebration

The American Business Women’s Association (ABWA) celebrated Women’s History Month at the Sanibel Public Library, showcasing the chapter’s 40th anniversary with archives dating from 1978.

“We have scrapbooks and photos going back to the ‘70s,” said history committee chair Nancy Barnes of Arthur Printing. Barnes is a Lifetime Achievement Award winner and past

president, associated with the group for 35 of the chapter’s 40-year history.

“So many have contributed to advancing women’s progress on the islands over the years,” said 25-year member Julie DeBord of Kennedy Construction. “We were delighted to find the chapter cookbook dating from the ‘80s that funded many local educational scholarships.”

“This event is part of our new Connections After Hours program,” said Kelley Laird, chair of the innovation committee and also a past president. “The chapter is thriving after 40 years because we are building on our history while continuing to innovate to support professional women with development and networking opportunities.”

“We believe local chapter founders would be impressed by the progress professional women have made here since the ‘70s,” said Gloria Garrett of HMG, chapter president. “We showcase that progress each month at our Women in Leadership Speaker Series luncheons at Sundial, featuring Sanibel and Captiva women making a difference. Find out more about ABWA’s mission, speakers and projects at www.ABWASanibelCaptiva.org.”

The Sanibel-Captiva ABWA Chapter Women’s History Month logo honors

the memory of recent president Gail DeHaan Garland, and showcases 10-year plus members Lisa Newmeyer-Cochrane of Dorado Property Management, Nancy Barnes of Arthur Printing, Rose Byrne of Sundial Beach Resort & Spa, Mary Bondurant of Kingfisher Real Estate and Julie DeBord of Kennedy Construction.

The Sanibel Captiva Charter Chapter of ABWA celebrates 40 years supporting professional growth through leadership, education, networking support and recognition. Meetings are held on the fourth Tuesday of the month from 11:30 a.m. to 1 p.m. at Sundial Beach Resort & Spa.✪

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BIG ARTS Thanks Film Committee



From left, Visnja Gembicki, Steve Greenstein and Di Saggau

photo provided

BIG ARTS wrapped up another successful season for the film program with the Vincent Van Gogh biopic *At Eternity's Gate*. Before the film, Steve Greenstein, BIG ARTS board member and executive vice president wealth services advisor at The Sanibel Captiva Trust Company, presented Visnja Gembicki and Di Saggau with flowers in thanks for all their hard work volunteering on the BIG ARTS film program.

"It was another fantastic year for the BIG ARTS film program," said Gembicki,

film committee chair. "We couldn't put on this program without the help of our dedicated film committee volunteers and our generous sponsors The Sanibel and Captiva Trust Company and Sanibel and Captiva Beach Resorts. Their dedication and generosity help us put on great series like Monday Night Film and the popular film and ethics series."

The BIG ARTS film program will return next year with a new lineup of award-winning films and thought provoking speakers and discussion.✱

FISH Programs Help Islander In Need

Tom, a FISH of SanCap client and island resident and employee for over two decades, said, "It's not what happens, but what happens next that counts. I have had brain cancer for nearly three years, and here's my story:

"I moved to the island over 20 years ago from Miami, when my only family member passed away. After a few weeks, I was able to secure employment and a small apartment and began making friends. I was enjoying the island life, working many hours and, on days off, spending time fishing. Rarely did I leave to go into town, or 'over the bridge' as we islanders say, so I gave away my car to a deserving individual. Life was good.

"About five years ago, I started having balance issues. I started throwing up once a week. A friend took me to the doctor's office, where they thought it was an inner ear thing. My symptoms didn't go away, and later the doctor ran a CT scan. They found a huge mass and rushed me to the hospital where I was diagnosed with a brain tumor. My life was forever changed, and I wanted to scream; I was devastated.

"Treatments began immediately. I had to stop working and needed a lot of help getting to and from the doctor's office. I had heard of the FISH organization through some friends that did a food

drive for their food pantry, and they suggested I call. I met with the case manager, Nitza, and she told me of the programs that might be able to help me through this nightmare – food pantry, meals, visitation, transportation and even financial assistance should my medical bills become unmanageable, which they did. I never knew this organization did so much for so many people.

"FISH organized a team of volunteers to drive me to my appointments, and there were a lot of appointments. Some nice folks came to visit me at my house just to talk and see how I was doing, giving me the emotional support that I so desperately craved. I was on the meals program for a while, and FISH even ordered me a nutritional drink to help keep me strong when I couldn't, or didn't want to, eat. They helped me pay for some of the medical expenses and helped with rent, too. They were my guardian angels."

Tom recovered and returned to work about three months after his first treatment. FISH continues to help him with transportation to appointments for follow up. Through generous donations and grant funding, FISH is able to help neighbors like Tom. Through their vast array of programs, Tom and others like him receive assistance, food, support and a hand up.

Tom's story is just one of many that have received a helping hand from the nonprofit social services organization. For more information on FISH programs and services, contact the Social Services Department at 472-4775.✱



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Bread and Roses Society board, from left, Edna Mae Beston, Jean Bauerly, Arline Ford, Julie Kocourek and Mary Aufderheide. Not pictured, Carol Bradshaw. photo provided

Women Of St. Isabel Form New Society

This newly formed ministry at St. Isabel Catholic Church has "hit the ground running." Formed just five weeks ago, the society – Bread and Roses – had its first meeting on March 7 with 24 women in attendance. The guest speaker, Dr. Sue Ellen Nolan, explored the splendor of women in the church as put forward in the letter *Feminine Genius* by St. Pope John Paul II.

The title Bread and Roses represents the Miracle of St. Isabel of Portugal when she went to feed the poor with bread folded into her apron. This had been forbidden by the King. When she was searched and faced with punishment

for disobeying the King, the bread had miraculously been turned into roses.

The mission of the society is to be faith filled parishioners of St. Isabel, who prayerfully work to inspire each other by being authentic women of the gospel, uniting with each other through the bonds of friendship, pray with each other through devotion to the Eucharist and the Blessed Virgin Mary, and be charitable in both word and action within the parish of St. Isabel.

The second meeting is planned for Thursday, April 4 which will be a one-day retreat. The speaker will be Dr. Carol Razza. Dr. Razza presents at seminars, conferences, workshops and retreats both national and international.

Any woman interested in becoming a member of the Bread and Roses Society or attending the retreat can contact Carol Bradshaw at 472-4485 or Mary Aufderheide at 937-750-3101.*

City Of Sanibel Youth Essay Contest



Winners of the gopher tortoise coloring contest with their drawings and prize plants

photo courtesy Maureen McGauran, City of Sanibel intern

Again this year, the City of Sanibel is promoting community education on the gopher tortoise, a protected species, commonly found on Sanibel. Awareness activities include an essay contest – Why is the Gopher Tortoise Important to Protect? – open to all island youth under age 13. The deadline for the youth essay contest is Friday, April 5. Visit www.mysanibel.com for entry form. CROW is providing a variety of gifts for the essay winners.

A coloring contest for children in the Sanibel Recreation Center program was also held, and a proclamation will

be read at the next city council meeting declaring April 10 Gopher Tortoise Day on Sanibel.

The gopher tortoise is a keystone species; a species on which other species in an ecosystem largely depend on, and is an important indicator of ecosystem health. Gopher tortoise burrows are home to more than 350 species. Unfortunately, due to problems such as habitat loss, disease and poaching, gopher tortoise populations have declined. Because of this, the gopher tortoise is listed as a threatened species

continued on page 26B

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Methel Gale identifies native palms on the nature center trail to Russel and Carole Setterlun from Wisconsin photo provided

From page 3B

SCCF Volunteers

mid-island ridges of the Center Tract.

Trail guide and former teacher Methel Gale said, "I love nature and know that the best way to learn and retain information is to teach others."

Volunteers were added this year to conduct a one-hour walking tour of the Bailey Homestead Preserve on Fridays at 10 a.m. The tour blends SCCF's mission-driven work on the historic property, the history of the land itself and some stories about the Bailey family, which farmed the land for three generations. Guides meet visitors at the Conservation Gateway Kiosk at the head of the Shipley Trail, near the entrance.

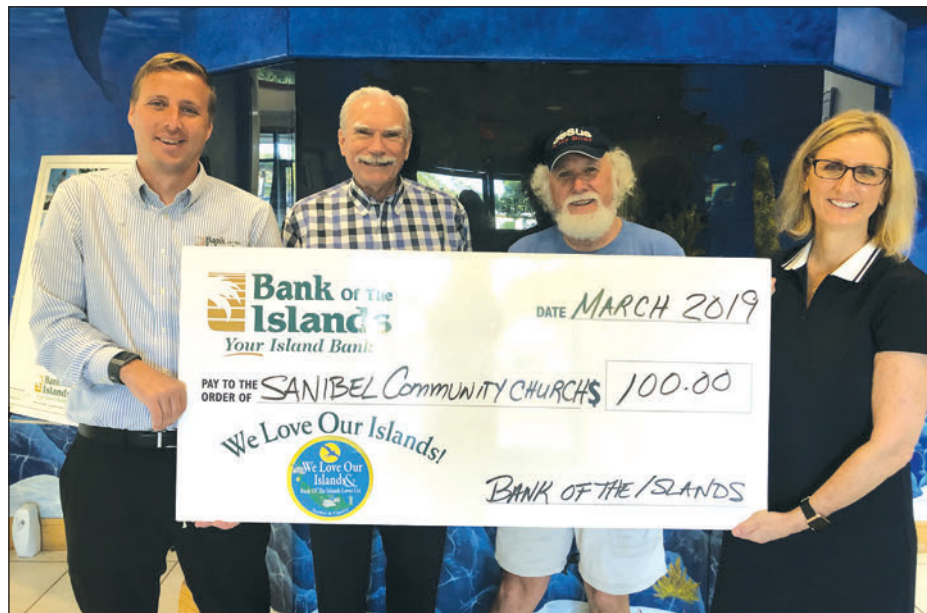
All the guided walks are free to SCCF

members with a suggested donation of \$5 from others.

For those who want to continue to learn more about native vegetation, Weeds & Seeds is a group of amateur botanists who enjoy finding and identifying native plants on Sanibel and the Caloosahatchee watershed. On their two-hour guided walks, they visit different locations in Lee County. Participants meet and depart from the SCCF Nature Center on Mondays at 8:45 a.m. at the base of the porch and carpool to the site. Walks are free but donations to SCCF are welcome.

Downing said, "I like to think that the people who go on the walks leave with a new dimension of understanding and respect for all that SCCF has accomplished in the preservation of the natural beauty of our islands."*

Bank Donates To Sanibel Church



From left, Darrin Grotian of Bank of the Islands, Pastor Stephen LeBar, Garry Decker and Susan Schulte of Bank of the Islands photo provided

Bank of the Islands recently made its latest nonprofit donation through its We Love Our Islands program. The winner, Garry Decker, was spotted with a We Love Our Islands decal on his vehicle, winning him the right to select which local nonprofit organization would receive a charitable contribution from the bank. Decker chose to donate the \$100 to Sanibel Community Church.

"Bank of the Islands is proud to be a longstanding supporter of our island

community through this program, volunteering and other sponsorships," said Willy Ocasio, Bank of the Islands vice president and Sanibel-Captiva office manager. "We congratulate Garry on his choice."

All islanders are invited to visit the bank's Sanibel or Captiva office to learn more about the We Love Our Islands program and how you and your favorite charity can become the next lucky winner.*



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**Pond in the March (detail)
by Walter Rudolf Lesitikow*



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BURNS *family* TEAM



4. Bay Front Antebellum Home with boat dock & lift – Sanibel

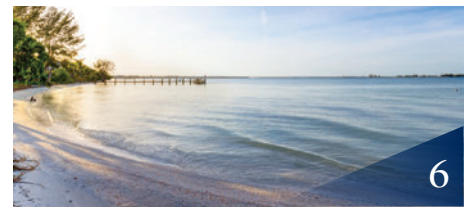
- 3BR/4BA home located on a direct Gulf access canal with private dock and a 25,000pound lift
- Private elevator, 2 living rooms, fireplace, & multiple lanais with 360 degree water views
- Open House Monday 2/18 11am – 1pm
- **\$2,395,000** EUR € 2,103,013

5. Gulf to Bay on Captiva, “The Ark”

- Vintage charm with stunning location on Captiva Island
- Custom details throughout, 2nd floor master suite with his & her baths and large sitting area overlooking Bay. Boat dock on Roosevelt Channel & deeded beach access
- **\$4,150,000** EUR € 3,644,052

6. Lighthouse Point -Sanibel

- 2BR/ 2 BA + den, corner unit on Sanibel’s east end with Bay views from almost every room
- Updated bathrooms, master bath with large walk-in shower, kitchen features granite counters
- **\$619,000** EUR € 547,327



NEW LISTING



NEW LISTING



7. Gulf Front condo at Pine Cove – Sanibel

- 2 BR/2 BA top floor corner unit located on West Gulf Dr
- Impact windows, beamed ceilings, remodeled kitchen & baths, over \$70k annual income
- **\$1,095,000** Euro 964,460

8. Direct Gulf front condo at Bandy Beach – Sanibel

- 3 BR/ 2 BA condo on Sanibel’s East End with direct Gulf views from almost every room
- Unit occupies entire floor, community pool, pet friendly and weekly rental allowed
- **\$1,359,000** Euro 1,194,730

9. Large Home just off West Gulf – Sanibel

- 4 BR/3 BA home with over 3,500sqft located just off West Gulf Drive
- 2 story ceilings, fireplaces, large lanai & pool. Rooftop sundeck with Gulf view
- **\$1,249,000** EUR € 1,104,381

10. Santiva Home Designed & Built by Renowned Architect

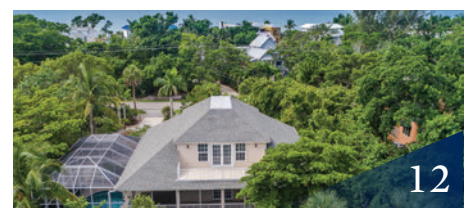
- 4 BR/3 BA with pool and pool house, steps from the beach with Gulf views from top floor
- Home & large property exude style and tranquility reminiscent of an Island resort or spa
- **\$1,595,000** EUR € 1,410,568

11. Life’s A Beach – Captiva

- 3 BR/ 2 BA Bahamian inspired beach cottage just steps from the beach
- Updated bathrooms, multiple outdoor spaces with shower & spa
- **\$1,295,000** EUR € 1,145,500

12. Directly Across the Street from Deeded Beach Access on West Gulf – Sanibel

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First Place Gross, Jeff Mistler and Adam Mistler
photos provided



Second Place Gross, Jerry Muench and Steve Muench



Third Place Gross, Don Denecke and Tom Edwards



First Place Net, Bill Arons and David Mimms

Results From The Dunes Men's Golf Tournament

The annual Dunes Men's Golf Association (DMGA) Member/Guest Tournament was held last weekend. There were 28 teams (56 players) competing. Jeff Mistler and his son Adam were crowned the 2019 Member/Guest Champions. They shot a combined two-day total of 137 (-3).

The Dunes Men's Golf Association thanks the following local businesses and individuals for their sponsorship, and encourages islanders to stop by the businesses to show appreciation for their continued support.

Pfeifer Realty Group, Sundial Beach Resort & Spa, Sanibel Captiva Community Bank, Doc Ford's Rum Bar & Grille, The Broken Niblick, Great White Grill. Burns Family Team/ Premier Sotheby's International Realty, The Dunes Golf & Tennis Club, Lazy Flamingo, Lumpy's Golf, Traditions at Island Inn, Traders, Chuck Hogg, Gordon Rains, Skip Jewett, First Class Car Wash, Dixie Buick GMC and Brad Thompson.*



Second Place Net, Bob Schoen and Will Kautz



Third Place Net, Paul Nichols and Stuart Clark



Fourth Place Net, Joe Burns and Jeff Burns



Fifth Place Net, Jim Clapp and Dick Clapp



Sixth Place Net, Skip Jewett and Doug Perks



Seventh Place Net, Kevin Steel and Barry Brodil

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Darlene Grossman

photo provided

Discussion On Hospice And Palliative Care

FISH of SanCap, along with Darlene Grossman, community liaison with Hope HealthCare, is offering a community lunch and learn presentation, A Discussion about Hospice Care and Palliative Care, on Wednesday, April 10 from noon to 1:30 p.m. at The Community House. During the workshop, participants will

become acquainted with the differences in care and services of hospice versus palliative care. Payment options such as Medicaid, Medicare or private insurance will be discussed. There will be additional information on how to obtain or connect with services and an opportunity for questions and answers.

According to Grossman, "People are living longer now and quality of life is important. Hospice provides medical, emotional and spiritual care and support focusing on comfort and quality of life. Palliative care supports a person from the time of their diagnosis through the entire course of their illness. It provides renewed strength and symptom relief."

The intent of this discussion is to provide enough information for people to make informed, educated decisions, when necessary. FISH Program Director Kathy Y. Monroe said, "Many times, conversations about chronic or terminal illness and end of life decisions are difficult because the best option may not be known. This seminar will be the chance for individuals to find out how palliative care can be a route to being comfortable while dealing with something that is very uncomfortable. The specifics and other pertinent facts about hospice care and services will be discussed."

This seminar is open to the community and lunch will be provided. For more information and to RSVP, contact Kathy Y. Monroe, program director or Anthony Morales, social services assistant, 472-4775.*



Rob Lisenbee of Bank of the Islands, left, presenting the Sanibel School Fund donation

photo provided

Sanibel School Fund Blue Ribbon Partner Named

Members of the Sanibel School Fund accepted a Grand Sponsor Blue Ribbon Partner donation from Bank of the Islands recently. The Sanibel School Fund is a nonprofit organization that raises funds to pay for

the Spanish program at The Sanibel School as well as enhanced programs such as STEM (Science, Technology, Engineering and Math) and business leadership.

The 11th annual Blue Ribbon Classic Golf Tournament is scheduled for Saturday, May 11. For more information on the tournament, to purchase tickets or become a sponsor, contact Babs Maughan at 314-4800 or Sanibelbabs@gmail.com.*

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TUESDAY

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WEDNESDAY

Few Showers

High: 75 Low: 67



THURSDAY

Sunny

High: 74 Low: 66

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	8:18 pm	3:31 am	None	None	Fri	7:23 pm	3:33 am	None	None	Fri	12:42 pm	3:26 am	8:57 pm	3:21 pm	Fri	10:28 pm	6:47 am	None	None
Sat	12:44 pm	4:31 am	9:57 pm	4:02 pm	Sat	11:49 am	4:33 am	9:02 pm	4:04 pm	Sat	12:45 pm	4:24 am	10:05 pm	4:21 pm	Sat	2:54 pm	7:47 am	None	7:18 pm
Sun	12:57 pm	5:19 am	11:08 pm	5:08 pm	Sun	12:02 pm	5:21 am	10:13 pm	5:10 pm	Sun	12:34 pm	5:15 am	11:07 pm	5:15 pm	Sun	12:07 am	8:35 am	3:07 pm	8:24 pm
Mon	1:11 pm	5:58 am	None	5:53 pm	Mon	12:16 pm	6:00 am	11:07 pm	5:55 pm	Mon	12:38 pm	5:59 am	11:55 pm	6:02 pm	Mon	1:18 am	9:14 am	3:21 pm	9:09 pm
Tue	12:02 am	6:30 am	1:23 pm	6:30 pm	Tue	12:28 pm	6:32 am	11:51 pm	6:32 pm	Tue	12:56 pm	6:36 am	None	6:42 pm	Tue	2:12 am	9:46 am	3:33 pm	9:46 pm
Wed	12:46 am	6:57 am	1:33 pm	7:03 pm	Wed	12:38 pm	6:59 am	None	7:05 pm	Wed	12:33 am	7:08 am	1:17 pm	7:19 pm	Wed	2:56 am	10:13 am	3:43 pm	10:19 pm
Thu	1:26 am	7:19 am	1:43 pm	7:36 pm	Thu	12:31 am	7:21 am	12:48 pm	7:38 pm	Thu	1:06 am	7:37 am	1:39 pm	7:55 pm	Thu	3:36 am	10:35 am	3:53 pm	10:52 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Donations Needed For Trash & Treasures Sale – The center will begin accepting donations April 1 for the annual fall sale. Whether you are refreshing your home before returning in the fall or doing some spring cleaning, donate your clean, gently used items. A tax deductible receipt will be provided. Bring your donations – excluding books, clothes, shoes, computers or TVs – to the center Monday through Friday between 8 a.m. and 3 p.m. If you have any questions, call 472-5743.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, April 10 at 2:30 p.m. is *The Day The World Came to Town 9/11 in Gander, Newfoundland* by Jim Defede.

“When 38 jetliners bound for the United States were forced to land at Gander International Airport in Canada by the closing of U.S. airspace on September 11, the population of this small town on Newfoundland Island swelled from 10,300 to nearly 17,000. The citizens of Gander met the stranded passengers with an overwhelming display of friendship and goodwill. As the passengers stepped from the airplanes, exhausted, hungry and distraught after being held on board for nearly 24 hours while security checked all of the baggage, they were greeted with a feast prepared by the townspeople. Local bus drivers who had been on strike

came off the picket lines to transport the passengers to the various shelters set up in local schools and churches. Linens and toiletries were bought and donated. A middle school provided showers, as well as access to computers, email, and televisions, allowing the passengers to stay in touch with family and follow the news.”

– HarperCollins

Painting with Friends – Wednesdays, March 27, April 3, 17 and 24 from 1 to 4 p.m. Cost is \$6 for members and \$10 for non-members. Spend a relaxing afternoon with a friendly group of experienced painters. This is a non-instructional course; bring your own painting supplies and drop cloths. Class is limited to 10 participants. Advance registration is required.

Classy Cards Class – Friday, March 29, 2 to 4:30 p.m. Cost is \$20 for members and \$25 for non-members.

This class will consist of creating four cards, including birthday and all occasion. Class is limited to 10 participants. Advance registration is required.

True Tours Downtown Historical Walk & Lunch – Monday, April 1. Cost is \$16 for members and \$26 for non-members

This 90-minute walking tour will educate and entertain with narratives of local history and the colorful personalities of the founders of Fort Myers. The ambitions and rivalries of the famous and infamous who were the early builders of Fort Myers make an engaging story. Plan for browsing in the Franklin Shops after lunch before you depart. Lunch is on your own at Izzy’s Fish & Oyster Restaurant. Advance registration required. Carpool arrangements for transportation.

Ringling Museum – Monday, April

11. Cost is \$109 for members and \$119 for non-members. Includes round trip transportation, admission to Ringling Museums and its grounds including the famous art museum, Ca d’Zan (Ringling’s own home) and the Circus Museum. Lunch voucher at the Banyan Café. Advance registration required.

Meditation at the Center 4 Life – Friday, April 12, 3 to 4 p.m.

Barbara P. Ward, psychotherapist and Kripalu yoga teacher for 30 years, will re-introduce meditation. No experience is necessary; bring a cushion or a towel. You may sit in a chair, lie down, or be seated on the ground with your back against the wall. There is no charge to attend but advance registration is required.

Line Dancing Classes – Tuesday, April 2, 9, 16, 23 and 30 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and Thursdays – April 9 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for

members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✴



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RE/MAX of the Islands

Foundation CEO Speaks At Chamber Lunch

Everglades Foundation CEO Eric Eikenburg spoke to members of the Sanibel & Captiva Islands Chamber of Commerce members at the luncheon held on March 12 at The Dunes Golf & Tennis Club. He brought a message of never forgetting the importance of water quality and quantity, and remaining engaged in bringing the right solutions.

Eikenburg once served as chief of staff to former U.S. Rep. E. Clay Shaw Jr., who authored the landmark \$8.4 billion Comprehensive Everglades Restoration Plan (CERP). He later became instrumental in the passage of critical state and federal legislation to construct a reservoir south of Lake Okeechobee, a key component of CERP.

Eikenburg has been a longtime champion of expediting Everglades restoration. The roughly three million acres of endangered habitat is vital to Florida's economic and environmental viability. He has also helped bring national and international attention to the perennial toxic algae crisis that threatens the state's waterways and tourism industry.

"We can't forget the toxic water that effects our health, the fisheries, real estate and economy," he said.



Eric Eikenburg

photo provided

"I encourage all of you, the business community, to remain engaged in bringing about change."

The Everglades Foundation has been committed to scientific research with the belief it is the true guide of policy and restoration efforts of the greater Everglades for the past 25 years. The foundation works diligently to conduct world-class research in water quality,

economics, hydrology, wetland ecology and engineering. It has a team of eight PhDs on staff. To learn more, visit www.evergladesfoundation.org.

There will not be a chamber luncheon in April. The chamber will host its annual meeting at 5:30 p.m. on Tuesday, April 23 at Sundial Beach Resort & Spa. The networking luncheon will return on May 14 at Tween Waters Inn, located at 15951 Captiva Drive.✴

LCEC Hires New Director

LCEC recently appointed Inge Kocher as its new director of business alignment and performance. In this role, she will be responsible for leading teams in areas of enterprise business strategy and planning, governance, prioritization, performance management, process development and redesign, and project management.

Before joining the LCEC team, Kocher served as the director/regional head of Business Services Americas for Commerzbank AG in New York.✴



Inge Kocher

City Accepting Applications For Safety Inspectors

The City of Sanibel is accepting applications for the position of structural safety inspectors (as needed) to serve on structural safety inspection teams for the city's damage assessment process in the event of a disaster or hurricane incident.

Structural safety inspectors will assess the overall property damage on the island, followed by a complete external damage report for each single or multi-family structure as to its condition for occupancy.

Knowledge of building construction is essential. Applicants should be in excellent physical condition as actual work will require extensive walking under potentially arduous conditions in a hot and humid climate. Selected personnel will be required to complete approximately six hours of field training to include first aid and CPR. A medical physical examination, drug test and background check are also required and paid at the city's expense. Pay is \$25 per hour for training. Upon activation in the event of a disaster, the rate of pay is \$50 per hour.

Interested candidates can apply online at www.governmentjobs.com/careers/sanibel.✴



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Will Power

Academic Pressures



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Most of us are familiar with the college admissions scandal in which wealthy and accomplished parents allegedly lied, cheated and bribed to get their children admitted to elite universities. *Wall Street Journal* columnist Peggy Noonan wrote an excellent essay on the topic in the March 14 edition. In it she offered her explanation that these parents view their children as narcissistic extensions of themselves, and consequently used whatever means necessary to gain advantage.

Noonan added that her experience teaching Ivy League students was less than ideal. She didn't like their attitudes toward other classmates and considered themselves superior simply because they were admitted to a prestigious university. She contrasted her experience with how polite, sincere and genuine students acted at a second-tier school in Tennessee.

Regular readers of this column know that I have three daughters, one of whom graduated with bachelor's and master's degrees from Brandeis University, which is often viewed as an elite university. It certainly was expensive enough! My middle daughter is graduating from the University of Florida this May and will continue for her doctorate in physical therapy while my youngest earned an honors fellowship at Elon University in North Carolina.

While I can assure you that I didn't bribe any coach or admissions officer, today's application process is emotionally grueling both for student and parent. The process seems arbitrary and often makes no sense as to which kids are admitted and which aren't into a given institution.

Criminality aside, the competition to gain admittance to even popular state schools like the University of Florida is fierce. I'm a three-time UF grad but I'm not certain that my high school grade point average and SAT scores would gain me admission today.

The high school and college experience of today, I'm afraid, is exponentially more difficult and stressful than what my generation experienced. All three of my daughters graduated summa cum laude from Fort Myers High School's International Baccalaureate (IB) program. The studies were rigorous. Over my daughters' high school years, my wife and I had to calm down several anxious crying spells leading up to exams as our daughters were overwhelmed with projects

and homework.

Gaining admission into even the best state schools requires building not only an academic resume but one that highlights athletic, civic and community involvement. It seems that our modern pressures have stolen at least some of the innocence and the carefree nature of youth. And even with all that, the high school counselors will tell their students that certain schools will be a "reach." Students are encouraged to apply to one or two "safe" schools into which they're certain to gain admittance, and then concentrate mainly on good "match" schools.

During one of the dozens of college tours my wife and I endured, an admissions officer at Emory University in Atlanta provided the most candor. "How do we decide between two A+ students who have equally impressive extracurriculars?" he rhetorically asked. "It's the luck of the draw. Say, for example, our orchestra professor tells us that he needs a tuba player. That applicant might gain advantage over others who have higher grades and test scores. Or if we need less pre-meds and more liberal art candidates to keep a professor's class full, then that applicant who checked he's pre-med will lose out to the one that checked general liberal arts studies on her application. It varies year by year."

I understand that this is hardly comforting to parents of current high school juniors and seniors. The pressure is on. We want the best for our children. And since it costs so much anyway, we want our kids to come out with a degree from an institution that will hopefully lead to gainful employment.

I've been trapped into that thinking for sure. What's the solution? There's no easy one. I was talking to a parent of a current high school freshman who told his son not to enroll in the IB program. "I want him to enjoy high school. If he doesn't get into the University of Florida or some other highly ranked state school, I'm okay with that. It's what you do after college that's important."

Maybe we need more parents like that.
©2019 Craig R. Hersch. Learn more at www.sbshlaw.com.

From page 18B

Essay Contest

and is protected by the state of Florida.

Sanibel Island sustains a sizeable population of gopher tortoises, which inhabit conservation lands, residential neighborhoods and commercial properties. Due to the upland habitat requirements of the gopher tortoise and potential conflicts with human development activities, gopher tortoises and their habitats on Sanibel are protected.

City of Sanibel Recreation Department youth participated in a gopher tortoise education program presented by biologist Joel Caouette and CROW during their spring break week. In addition to a field trip and presentation about

gopher tortoises, their activities included a coloring contest. Six winners were selected. Three winners in the most realistic category were third grader Rodd, third grader Dylan and first grader Val. The most creative winners included Sophia, second grader Hazel, and seventh grader Grace. Each student received a plant that is considered gopher tortoise forage and all are native groundcover species, including gopher apple (*Licania michauxii*), blue porterweed (*Stachytarpheta jamaicensis*), mimosa (*Mimosa strigillosa*), golden creeper (*Ernodea littoralis*), matchweed (*Phyla nodiflora*), and blue eyed grass (*Sisyrinchium angustifolium*). Sanibel City Council will proclaim April 10 Gopher Tortoise Day at the regular city council meeting on Tuesday, April 2 at 9 a.m.



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Late Evangelist's Family Members Speak To Crowd

Even the standing room was gone for the annual benefit dinner for Lifeline Family Center featuring Ruth Graham and Windsor Dienert-Bauder, the daughter and granddaughter of the late evangelist Billy Graham.

Graham addressed several critical issues including divorce, her teenage daughter's pregnancies, another daughter's struggle with bulimia and her son's battle with drugs. Dienert-Bauder detailed her journey through two teenage pregnancies, one ending in adoption, and the other baby remaining with her to be raised to adulthood.

Graham is the author of many books including the best-selling *In Every Pew Sits a Broken Heart* and the award-winning *Step Into the Bible*. She is an experienced conference speaker and has appeared on *Good Morning America* and *FOX and Friends* while being interviewed on Moody Radio many times.

Dienert-Bauder has authored two books with her mother and Sara Dormon - *I'm Pregnant, Now What?* and *So You Want to Adopt, Now What?*

More than 600 people attended the March 14 dinner at McGregor Baptist Church in Fort Myers.

To date, the event has raised \$156,111 for the work of Lifeline Family



From left, Ruth Graham and Windsor Dienert-Bauder with Karen and Jack Pangel of Sanibel photos provided

Center, which helps women in crisis pregnancies become self-supporting.

"We are very pleased that Ruth Graham and her daughter came to Southwest Florida to share their message of embracing life, whatever the circumstances," said Lifeline Family Center President and Founder Kathy Miller.

Lifeline Family Center graduates also gave their testimony through video segments on how the program changed their lives and those of their children.

Sponsors were Glenn and Ada Ann Healey, Steve and Jan Neff, The

Breeze Newspapers, CTN10 Christian Television and Susan Bennett Marketing & Media.

Lifeline Family Center provides a home in Cape Coral for homeless young women in crisis pregnancies to help them become self-supporting through education, job training, parenting classes, professional counseling and spiritual guidance. It is the only residential program in Lee County for homeless young women in crisis pregnancies who are not part of the foster care program.

In the residential program, Lifeline



Bill Frey and Vision Sponsor Lorraine Frey of Shell Point

Family Center serves up to 12 young women, ages 16 to 25, and up to 24 babies at a time. In the Outreach Ministry program, more than 6,000 women have received assistance with material needs, adoption counseling and resource referrals. The nonprofit also operates a 24/7 Pregnancy Helpline, provides free pregnancy tests, free ultrasounds by appointment and does outreach to all areas of Lee County, including all college campuses.

Lifeline Family Center receives no government funding and is wholly dependent upon donations from individuals, churches and corporations as well as United Way funding. For more information, visit www.lifelinefamilycenter.org.✱



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Members of the Kiwanis Club of Sanibel-Captiva making their donation to Sanibel School Fund

photo provided

Kiwanis Club Supports Sanibel School Fund

Members of the Kiwanis Club of Sanibel-Captiva recently presented a \$15,000 check to the Sanibel School Fund.

Representatives from the Sanibel School Fund expressed their gratitude to Kiwanis club members for their continued support and generosity to The Sanibel School. The Sanibel School Fund is a nonprofit organization that raises funds to pay for the Spanish program at The Sanibel School as well as enhanced programs such as STEM (Science,

Technology, Engineering and Math) and business leadership. The Sanibel School Fund's 11th annual Blue Ribbon Classic Golf Tournament will be held this year on

Saturday, May 11 at The Sanctuary Golf Club on Sanibel. Contact Babs Maughan at 314-4800 or sanibelbabs@gmail.com for more information about purchasing tickets or sponsorships.✴

SPORTS QUIZ

- 1. When was the last time before 2017-18 that the Colorado Rockies reached the postseason in consecutive years?
- 2. Name the player who hit the most home runs in a season for the Chicago White Sox.
- 3. When was the last time before 2017 that Penn State's football team was ranked as high as No. 2 in The Associated Press poll?
- 4. Who was the last player before Philadelphia's Joel Embiid in 2017 to have at least 40 points, seven assists and seven blocked shots in a game?
- 5. In 2018, David Quinn became the fifth head coach to go directly from an NCAA Division I team to an NHL team (New York Rangers). Name two of the other four to do it.
- 6. When was the last time before 2018 that England's men's soccer team reached the semifinals of the World Cup?
- 7. Who was the last American male chess player before Fabiano Caruana to compete for the World Chess Championship?

ANSWERS

1. It was the first time. The Rockies also made the postseason in 1995, 2007 and 2009. 2. Albert Belle belted 49 home runs for the White Sox in 1998. 3. It was October of 1999. 4. Philadelphia's Julius Erving, in 1982. 5. Jim Montgomery (Dallas, 2018), Dave Hakstol (Philadelphia, 2015), Bob Johnson (Calgary, 1982) and Ned Harkness (Detroit, 1970). 6. It was 1990. 7. Gata Kaminsky, in 1996.

Registration Open For Barre Fitness Classes

Registration is now open for the upcoming April/May session of Barre Fitness classes at the Sanibel Recreation Center. Cost is \$55 for members and \$73 for non-members for the full six-class session. Class size is limited to 10 participants. If space is available, a drop-in rate of \$10 per class for members and \$13 per class for non-members will be available. Register in advance to reserve your spot. Classes will be held on Mondays, April 1, 8, 15, 22, 29 and May 6 beginning at 8 a.m. A Barre workout combines functional strength, dance, Pilates and yoga concepts into a series of movements designed to strengthen the entire body. Participants will primarily utilize bodyweight for resistance while focusing on alignment and posture with the goal of enhancing body awareness,

coordination, balance and strength. The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.✴

New Moon Meditation

The next New Moon Meditation class will be held on Friday, April 5 starting at 7 p.m. Participants will meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. This will be a guided meditation on the beach as the sun sets and the moon rises. The suggested donation is \$10 to \$15, with all proceeds going to benefit Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on. For more information, visit www.ambuyoga.com or call 314-9642.✴

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CHR Give Back Wednesday



Les Boyle and Norm Essey at the Community Housing and Resources (CHR) Give Back Wednesday fundraiser held at Floral Artistry on March 13
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Doctor and Dietician

What Makes A Person Happy



by Ross Hauser, MD and Marion Hauser, MS, RD

What exactly is it that makes us happy? Money? Social status? Larger homes or material possessions? Even though we might think more money is the easy answer, it doesn't seem to be true. The people of Denmark routinely rank among the happiest country and most satisfied, but they are 17th in income rankings. The U.S. is No. 1 financially, but falls far behind in satisfaction and work-life balance. Research just does not demonstrate that more money equals more happiness.

What does make a person happy then? People who express gratitude, practice optimism, extend forgiveness, engage in fun events and who participate in acts of kindness are

actually those who are the happiest. The feel-good chemical dopamine is released when we experience pleasurable activities, such as listening to music. Do you know which action results in the most happiness? Gratitude! Practicing gratitude on a regular basis beats out pleasurable activities as far as making us happy. Where you live makes a difference too! Floridians and others who live in the South are the happiest, and those in the Northeast, well...not so much. All of the sunshine and southern hospitality can do a person good! Guess which age is the happiest? It's not the younger folks. The increased wisdom and emotional health that come with age apparently make those over age 50 less stressed and happier.

Think you're not hardwired to be one of the happy ones? Not necessarily. We really aren't naturally happy or unhappy, or powerless to change. True, we do have our individual personalities that can make a person seem more naturally positive or happy, and we can encourage others to engage in activities that bring out a happier and more satisfied version of themselves. Positivity can be contagious!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.*

Superior Interiors

Refreshing Kitchen And Bath Trends



by Trinette Nelson

The rooms that get the most use in a home are easily the kitchen and bathrooms. Yet somehow, they are often the last to get the attention they deserve in terms of upgrading or

refreshing. If your kitchen and bathrooms seem to distract from the beauty and functionality of your home, this may be the time to consider a redo.

Changing your cabinets and countertop can help make a dramatic change to your home. Although cabinet replacement can offer a completely fresh new look or layout, there are other options available, such as refacing or refurbishing to update these spaces. Whichever approach that is taken, it's important to know what is trending before making this investment.

Painted finishes are still holding the market in popularity. Gray has been favored for some time now and is moving into cabinetry as a stained woodgrain finish as well. Black is being shown in kitchen cabinetry, either on its own or

in combination with colored painted finishes, warm woods and gold finishes for accent.

Black is also translating back to the current trend of the "tuxedo kitchen" which highlights the use of dark lower cabinets paired with white (or light hued) upper cabinetry or open shelving. Two-toned cabinetry is having a strong hold on the market and is expected to stay in favor for quite a while.

Countertop trends for kitchen and bath vary depending on desired effect and durability. Quartz, the strongest commercial grade stone, has superb color consistency and long-term durability without maintenance of previously favored surfaces.

Concrete is being shown as a compliment to the industrial style of décor. Various colors, textures and finishes can be achieved. Concrete can be prone to (repairable) cracks and require sealing to the surface for usage.

Reclaimed wood is a top new trend for countertops for both kitchen and bath. Using wood is a more sustainable and environmentally friendly solution to sourcing natural products like granite or marble and will establish warmth and interest to a space.

Whether considering a complete remodel or just a refresh, it is recommended to consult a design professional to assist you in making material selections that will stand the test of time.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.*



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Beautifulife:

Travel With Ease



by Kay Casperson

What kind of a traveler are you? Are you calm, cool and collected on the go or do you stress out when it comes to what and how to pack? When you travel by air, do you show up ready to

roll with excitement or are you stressing every minute that you might miss your plane?

I have traveled to much of the U.S. and many places around the world, and have been with a variety of travel companions from remarkably calm and organized to unorganized chaos and filled with stress. What I have learned along the way is that you have to plan ahead, stay organized, remain calm and stay positive so that you enjoy every moment of it, regardless of whether you are at the airport, on the plane or just heading out for new adventures.

Being a good traveler does take time, experience and patience, of course, but I also believe that a few useful tips will save even some of the newer travelers unnecessary stress, panic and extra baggage. Here are a few of my suggestions:

Luggage – Whenever possible, take only the biggest carry on that the airlines will allow so you don't have to check a bag and wait in long lines. There are so many great luggage companies that now make a carry on efficiently with extra storage space and even built-in chargers for your electronics. Always carry an extra smaller bag to keep with you on the plane for your personal items; toiletries, reading glasses and materials as well as snacks.

Clothes – Keep it simple by staying with the same color scheme so you can mix and match outfits, utilize the same shoes and save on space. This also allows you to leave room for that special purchase or two you might find along the way.

Packing – Do you roll or do you fold? I suggest a bit of both. Roll the thinner items that could wrinkle, like T-shirts, blouses and shorts, but fold the bulkier things like pants, sweaters and jackets and lay them flat. Pack heaviest items such as shoes, pants and sweatshirts at the bottom and, finally, tuck your undergarments into the remaining small spaces to fill the voids.

Travel sizes – You don't have to repackage your favorite items if you find a company like ours that manufactures everything in 3.4 ounces or less to make it easy for the traveler. We also make a peek-a-boo cosmetics and skincare bag for easy viewing of your items during check-in by airport security.

Necessities – Don't forget a warm wrap that you can use as a blanket. Other items that come in handy are a neck pillow, eye

continued on page 31B

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dearRPharmacist

Colon Cancer Grows Faster With Sugary Drinks



by Suzy Cohen, RPh

Dear Readers: It's more bad news for sugary drinks that contain high fructose corn syrup (HFCS).

According to a new animal study, consuming a small amount of this sweetener can speed

up the growth of tumors. The study focused on intestinal (colon) tumors and the amount of HFCS was equivalent to the amount found in one can of soda. I'm concerned because I know somewhere out there, children are celebrating their birthdays with lots of candy and beverages that are high in HFCS.

The amount of corn syrup found in a can of soda appears to give mice bigger colon tumors. You might be thinking that other factors came into play such as weight, or illness, but the results of this mouse study were actually independent of compounding factors. This finding comes at the same time as another concerning trend is coming to light. That is more and more young adults being diagnosed with colon or colorectal cancer in their 30s and dying from it.

High fructose corn syrup is a liquid sweetener, derived from corn, that consists of both glucose and fructose in a ratio of 45 to 55. So it's a blended sugar that contains two different natural sugars, and it is mainly fructose which is a fruit sugar.

The fact that sweet drinks accelerate tumor growth within the colon begs the question about other tumors. Does it drive tumor growth for other cancers, or just the colon? And it raises the question about soda, candy, yogurt and frozen foods which use HFCS as the sweetener of choice.

Does sugar directly feed cancer cells? Or is it the weight gain associated with HFCS that is really driving the problem? Is it because these types of sugars are 'drug muggers' of your probiotics? You cannot have a healthy immune system to even recognize cells that have gone rogue, if you don't have a healthy gut microflora.

If you have a sibling or parent who suffered colon (or colorectal cancer), you should take this research seriously as I do. My brother died of colon cancer and so I stay tuned in to research, especially because it's so easy to choose another

beverage over the ones that are suspect when it comes to tumor growth. Maybe it's not "easy" ... as I type that sentence I'm reminded of a conversation I had with one of my sweet friends today. I don't normally lecture friends, because I love them just the way they are. However, this friend drinks 15 cans of soda a day, every day. Remember, the HFCS studied was the same amount as that found in one can of soda. Today, while we were driving home from lunch, I mentioned this article I was writing and the new research. I asked her point-blank, if she would consider consuming just 10 cans a day, and replacing 5 cans with fresh water. This was her reply:

Water? No. It's only good for showers, and for flushing your toilet."

I tried. You should at least try once, if you care about someone, right? My intentions were good.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

From page 30B

Beautifulife

mask, readers, chargers, sanitizer, earphones, documents, sunglasses, first aid, medicine and lip balm.

Remember, travel should be fun and exciting so most importantly, stay calm, cool and collected, don't forget to breathe and say positive affirmations to ensure the proper mindset.

My affirmation for you this week is: "I will take extra time to prepare for my travels to ensure that my journeys are more balanced, beautiful and stress-free."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: What is the best way I can remember my dreams?

A: Remembering your dreams is a part of remembering your whole self, your essence and hopefully embracing

it. Dreams are fascinating and a real journey into one's subconscious mind. Recovering what happens during REM sleep lets you use what you've learned there to improve your emotional life. The memories that surface can be amazing. There is so much symbolism in dreams. You have the ability to remember things about your childhood, your past, present and even your future. Here's the mind tickler: Have you ever awakened at night from a dream that you were sure you would recall, only to find you completely lost memory of it in the morning? Why does this happen? You are attempting to capture dreams through linear thought. Nope, this won't work. You can capture dreams through your intuitive memory.

This can be done by mindfully slowing down your pace of awakening. Linger in the hypnagogic state (between sleep and awake state) and you can be in both worlds as you're asleep enough to tap into dreams and awake enough to retrieve

them. What else is important is that you record your dreams, whether they are spontaneous or in response to a question you ask before you go to sleep. Stay open and receptive and your dreams will come through and will be remembered. Author Judith Orloff, MD reveals she throws kisses to the moon as its energy is conducive to dreaming. We know the more relaxed you are, the more successful you'll be. The following techniques can also aid in remembering your dreams:

1. Keep a dream journal at your bedside. Select one you like and make it specifically about dreams.
2. Write a question about a dilemma that you want an answer to. Ask only one question each night to get an answer.
3. Set your intention to remember the dream.
4. In the morning, try to wake up slowly with your eyes closed and keep the feeling behind your eyes and access your intuitive knowing.
5. Record your dream immediately.

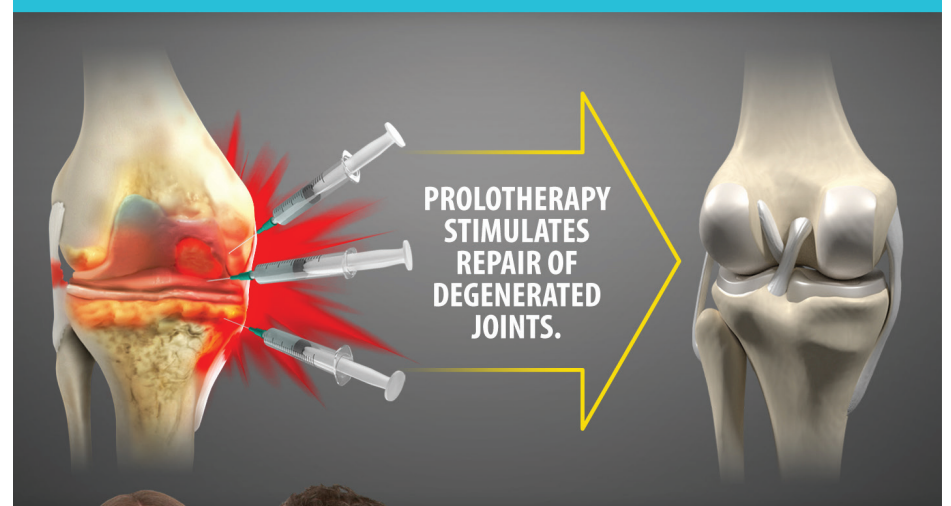
It doesn't matter how clear it is. Record what you remember even if it seems silly or weird. Don't interpret the dream yet, as this may stop you from remembering.

The above steps will help you uncover emotional blocks and obtain subconscious information about seeing. With some practice, you will see growth happen. Sweet dreams!

*Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.**

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Center 4 Life - Senior Center	472-5743
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To be listed in calling card email your information to:
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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Vera And Ambrose



Vera ID# A772455

Hello, my name is Vera. I am a 1-year-old female terrier mix who is the sweetest soul that yearns to be loved. I came to LCDAS with a severe case of demodex that is healing quickly now that I am getting the care that every dog deserves. Once I look up at you with my puppy dog eyes, I have no doubt you will fall instantly in love. Any family would be lucky to add me to their home. I am just waiting for them to come to the shelter to find me.

My adoption fee is \$50, but pick a four-leaf clover and your adoption fee is just \$25.

Hi, I'm Ambrose. I am a 11-year-old male domestic shorthair who is one of the 'Super Senior' spotlights this week and am best friends with another senior, Boots. Both are front declawed. I have a more laid back personality than Boots and like to give head bumps. Rub my ears and I will be your best friend. Senior cats are often overlooked, but I think we come with so many advantages. One is we can be better with children.

Haven on Earth Animal League

Chester And Hannah



Chester

Hi, I'm Chester! I'm a beautiful ginger boy with my own built-in eyeliner. I was dropped on a doorstep and now I am looking for someone to love me forever. I am currently staying with a foster mom. I have been fully vetted, neutered and brought up to date on all vaccines. My adoption fee is \$100.

Hello, I'm Hanah. Aren't I just beautiful? I'm only 1-year old and a very sweet girl with a big,



Ambrose ID# A500434

We are much gentler and more accustomed to interaction with people.

My adoption fee is \$10, and you can adopt one and get a feline friend at no addition charge.

Lee County Domestic Animal Services invites you to find a pot of gold at the end of the rainbow in the adoption center. From March 1 through March 31, all adoptions will be reduced to \$50 with an approved application. Adopters will also get the chance to pick a lucky shamrock to reduce the adoption fee to just \$25.

The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, de-worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.✧



Hannah

fluffy tail. I'm currently staying at Petco in Gulf Coast Town Center, so stop by to see me. I hope to get out of this cage soon. My adoption fee is \$100, which includes up-to-date vaccines. I am also spayed.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✧

PUZZLES

Answers on page 39B

Super Crossword

THE FIRST HALF

- ACROSS
- 1 Spanish sailing ships

9 Regrets

13 Disney's Ariel, e.g.

20 Classic Italian song

21 About

22 Powell of "Rosalie"

23 Agitates

24 Ticket for a suitcase at an airport

26 Model Banks

27 "Let me think ..."

29 1836 Texas siege setting

30 Farm baby

34 "Cleopatra" director

41 Health insurance invoice

45 Off the clock for a while at work

46 "Law & Order: —" (TV spinoff)

47 Libertine

48 Fore-and-aft rig section

51 Actress Capshaw

52 Alabama march city

54 Suffix with ranch

56 Lighten up

57 Trait sources

58 Randy Quaid thriller about a menacing car

62 Cherry, e.g.

63 Biblical wife of Isaac

64 "Showdown" rock gp.

65 "Aha!"

67 "Westworld" aier

70 Those, to Juan

71 Lisa, vis-à-vis the Simpson kids

75 Anjou, e.g.

76 Pigs' hangout

77 Towed-away car, maybe

78 Route

79 "Yep, sounds about right"

81 Star of Earth

82 Pic on a web page, say

86 Start to use

89 La — Tar Pits

90 Dallas-to-NYC dir.

91 Circular gasket

93 Paella need

94 "Ay, —!" (cry from Bart Simpson)

97 Ride ordered via app

99 — Nabisco (old corp.)

100 "Conga" singer Gloria

102 Shameless untruth

105 Branch of knowledge

108 — Hashana

109 Ungiving sort

110 Western tribe

112 First lessons

116 Like the god Anubis

122 Anchor in a forest

126 Brother of Wilbur Wright

127 Watch datum

128 Electronic device's evaluation state

129 "Sure, hon" Tater

130 This puzzle's nine longest answers use only the first half of it

DOWN

1 Price

2 Pale grayish

3 Mimic a lion

4 Lye, e.g.

5 Neckline type

6 Type widths

7 Actress Lucy

8 Jr.-to-be

9 Flesh on a rack

10 A, in Iberia

11 Work unit

12 George of "King Rat"

13 Tons of a vitamin, say

14 Oxygen, e.g.

15 Do one's part again?

16 — -jongg

17 Prop- ender

18 Summer Games gp.

19 Dwight Gooden's nickname

25 Eur. nation

28 Nero's 1,150

31 Just slightly

32 — Zedong

33 Highest-quality

35 AFL- —

36 Urge along

37 Annoyed

38 Be on a slant

39 Not punctual

40 Barely gets, with "out"

41 Orig. texts

42 "Nurse Jackie" actress

43 All-work-and-no-play Jack, per an adage

44 Michael of "Juno"

49 Goat's bleat

50 PC character format

53 West and Busch

55 Took way too much, in brief

57 "Shucks!"

59 Dean who invented the Segway

60 Laid up

61 Lerner's partner

62 — -wip (dessert topping)

63 In medias —

66 Control on a sound mixer

67 1971 Donny Osmond hit

68 Non-barking hunting dog

69 Italian gold

72 Red Sox Hall of Famer Bobby

73 Ill-bred guy

74 Jekyll and —

75 Jack of old talk TV

77 Tire snagger

80 Goopy camp snacks

81 Haste

83 "Give — call"

84 Disney deer

85 Ample, to Li'l Abner

86 With 114-Down, phone number part

87 Part of DVD

88 Bi- x four

89 One exiling

92 Univ. senior's test

94 Prince Charles' wife

95 Sweetie, in modern lingo

96 Referred

98 Green: Prefix

101 Doe or sow

103 Pesticide banned in '72

104 "— & Greg" (old sitcom)

106 So-so grade

107 Greek Week groups

111 "— Kett"

113 — tube (TV)

114 See

115 "Let it stand"

116 Great delight

117 Plural "is"

118 Rite Aid competitor

119 Farm baby

120 Fast swim

121 Very big bird

123 Priest's study: Abbr.

124 Sci-fi ability

125 Suffix of ordinals

1	2	3	4	5	6	7	8		9	10	11	12		13	14	15	16	17	18	19
20									21					22						
23									24					25						
26								27	28				29							
				30	31	32	33		34		35	36					37	38	39	40
41	42	43						44						45						
46					47					48			49	50				51		
52				53			54		55			56					57			
	58					59				60	61					62				
63								64					65	66				67	68	69
70						71		72				73	74					75		
76					77						78				79		80			
				81				82	83	84				85						
86	87	88					89						90				91			92
93						94					95	96		97		98			99	
100					101					102			103					104		
105								106	107						108					
					109							110		111			112	113	114	115
116	117	118	119							120	121			122	123	124	125			
126									127					128						
129									130					131						

King Crossword

- ACROSS
- 1 Long sandwich

4 Loathe

8 Den

12 Web address

13 Pianist Gilels

14 Competent

15 Swelled head

16 India's movie industry

18 Happen again

20 Thanksgiving veggie

21 "Show Boat" composer

24 Club used in sand traps

28 Robin Hood's forest

32 Night light

33 Tin container

34 Japanese wrestlers

36 Movie trickery, for short

37 Declare

39 Actor Clint

41 Archaeologist's find

43 Approach

44 Chow down

46 Actress Winona

50 "American Gothic" painter

55 Hearty quaff

56 Top-notch

57 Spherical do

58 Work with

59 Bosc or

10 Dockworkers' org.

11 Roulette bet

17 Deviate off course

19 Kiev's country (Abbr.)

22 Libertine

23 "— is an island"

25 Erte's style

26 Full of energy

27 Oklahoma city

28 "The Lion King" villain

29 Own

30 Organic compound

31 Amount of medicine

35 Fame

38 Hot dog

40 Like some humor

42 Feline

45 "— the night before ..."

47 Smear

48 Otherwise

49 Clarinetist's need

50 Space

51 Fish eggs

52 Santa — winds

53 Frequently, in verse

54 Raw rock
- DOWN
- 1 Litigious one

2 Incite

3 United nations

4 New Testament book

5 I love (Lat.)

6 Up to

7 — May Clampett

8 Marshals et al.

9 Blood-group letters

106 So-so grade

107 Greek Week groups

111 "— Kett"

113 — tube (TV)

114 See

115 "Let it stand"

116 Great delight

117 Plural "is"

118 Rite Aid competitor

119 Farm baby

120 Fast swim

121 Very big bird

123 Priest's study: Abbr.

124 Sci-fi ability

125 Suffix of ordinals

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C Z W T Q N J G D R A X U R O
L J G S D A X V U S P N K I F
C A X T V S Q O O L J H E C A
X V T R R G Y P Y D N L J H F
D B Y A X N V T E N E P O R R
P O M I O O A D K I N T F E L
G E D G B L R M Z X E U K P W
R I G H T A U T U C R O F Y Q
O E N T E H C T A H P B L T J
D L O B I G F F D Y B A B C A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- About
Bearded
Bold
Egg on your
- Face to
Funny
Hatchet
Human
- Left
Long
Open
Poker
- Right
Straight
Type

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Shake
MORTER

Thether
SHALE

Wild
FRALE

Live
TEXIS

answer on page 37B

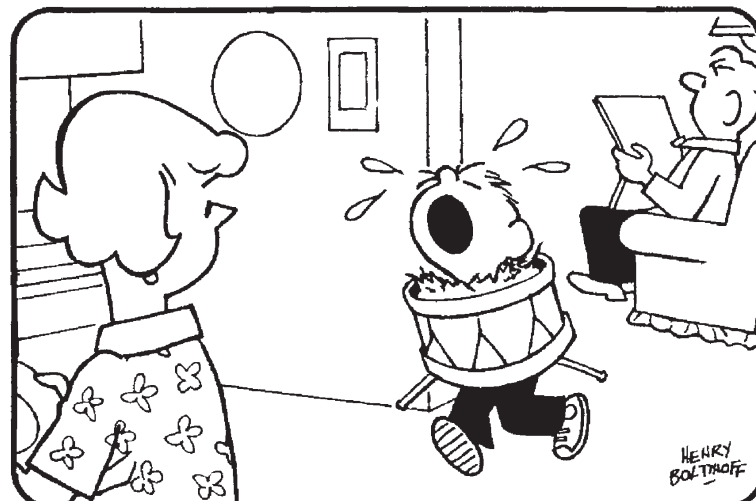
TODAY'S WORD

	1				4		7	
		7		8	3	6		
5			9					4
1				7			9	
		3	4			8	2	
	5				2			1
		1	7				6	
8		2		4		5		
	7				9			3

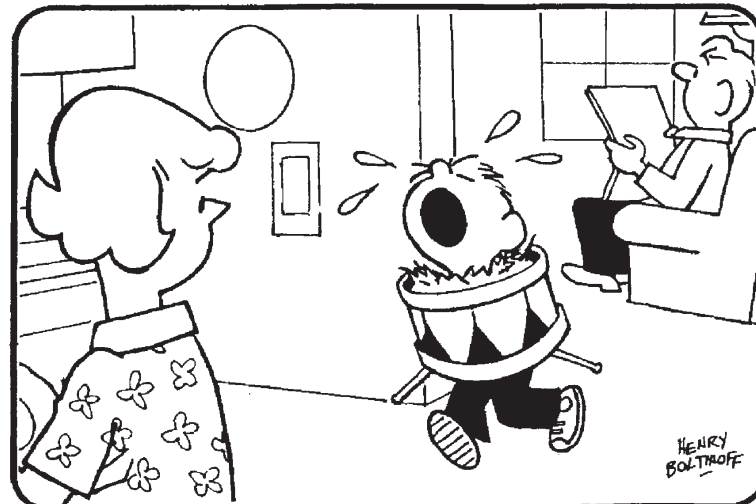
To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 39B

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Window has been added. 2. Drum design is different. 3. Chair ruffle is missing. 4. Picture has been moved. 5. Mom's earring is missing. 6. Mom's hand is not seen.

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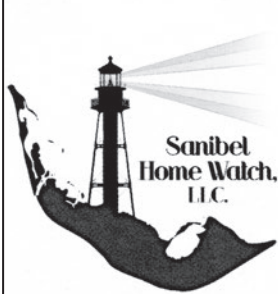
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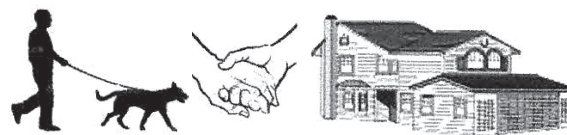
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FOR WEEK OF APRIL 1, 2019

Aries (March 21 to April 19) Putting yourself in someone else's shoes isn't easy for you. But if you do it, you'll gain a better perspective of what you need to do to achieve your goals. Be open to new ideas.

Taurus (April 20 to May 20) There are still some problems you might have to deal with before moving on to your next project. It's a good idea to accept help from those who share your objectives.

Gemini (May 21 to June 20) It's time to recognize the difference between those who are truly concerned for you and those who

simply plan to use your good nature to their advantage. New ideas become increasingly attractive.

Cancer (June 21 to July 22) Depending on a promise made becoming a promise kept could be more than a mite unwise at this time. It's best to proceed on your own rather than wait for aid that might never arrive.

Leo (July 23 to August 22) A recently revitalized relationship might not be quite what the Big Cat expected. But give yourself more time to deal with the changes. A little flexibility can go a long way. Good luck.

Virgo (August 23 to September 22) A major change could prompt more adjustments. Some of them might be difficult to deal with at first. But hang in there, and

before you know it, you'll be coasting to your next goal.

Libra (September 23 to October 22) Your sense of justice prompts you to speak out against an unfair situation, even if you seem to be the only one who feels that way. But you soon learn that many others agree with you.

Scorpio (October 23 to November 21) Creating a fuss is not usually your style. But that doesn't mean you should tolerate an ill-mannered attitude. Speak up for yourself, and you'll earn the respect of others.

Sagittarius (November 22 to December 21) You might have a few loose ends to tie up before you can stamp your project as complete. But once that's done, you might

want to celebrate with someone special in your life.

Capricorn (December 22 to January 19) Disappointment darkens the Goat's mood. But close friends rally to pull you through with words of encouragement. Use their confidence in you to rebuild your own self-esteem.

Aquarius (January 20 to February 18) An upcoming decision might be more difficult with inaccurate information. Best to recheck the data you have at hand right now to be sure it won't mislead you later.

Pisces (February 19 to March 20) An offer you previously turned down might no longer be available. But if you do some

continued on page 39B

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3. Feral; 4. Exist

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3/22 ★ 3/29

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Sunday, March 31
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3/29 ★ 3/29

From page 37B

My Stars ★★★★★

checking around, you could find something else that would suit you just fine.

Born This Week: You believe in helping those who cannot help themselves. Although it embarrasses you, the fact is, people like you and tell you so.

STRANGE BUT TRUE

- It was Isaac Asimov, professor of biochemistry and beloved Grand Master of science fiction, who made the following sage observation: “There is a cult of ignorance in the United States, and there always has been. The strain of anti-intellectualism has been a constant thread winding its way through our political and cultural life, nurtured by the false notion that democracy means that ‘my ignorance is just as good as your knowledge.’”

- You might be surprised to learn that gravity makes you shorter. It's true; gravity compresses your spine – in a weightless environment, you would be 2 to 3 inches taller than you are here on Earth.

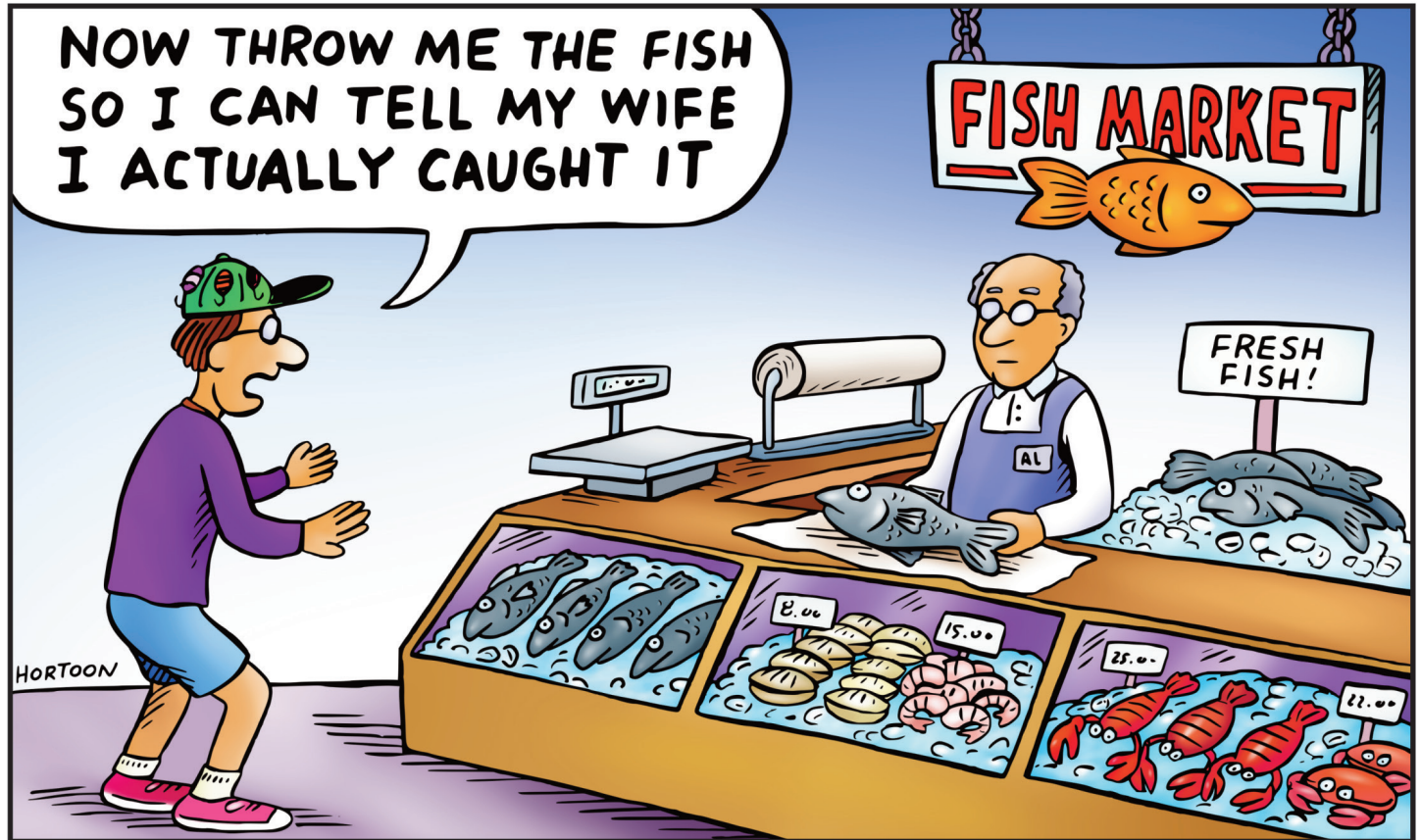
- Those who study such things say that 1 percent of the world's lizard species have no males. The females reproduce by parthenogenesis, which produces offspring that are clones of their mothers.

THOUGHT FOR THE DAY

“Mistakes are a part of being human. Appreciate your mistakes for what they are: precious life lessons that can only be learned the hard way. Unless it’s a fatal mistake, which, at least, others can learn from.”

– Al Franken

HORTOONS



PUZZLE ANSWERS

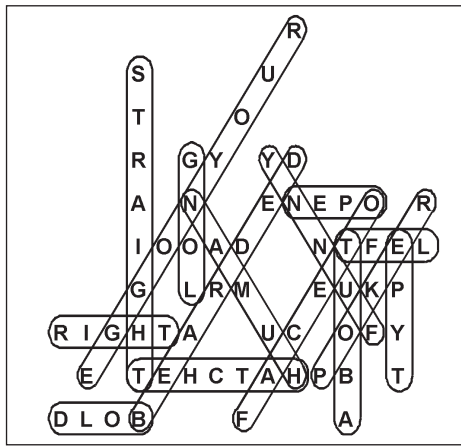
SUPER CROSSWORD

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KING CROSSWORD

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Solenzara	Bonita Springs	2003	4,747	\$1,699,000	\$1,600,000	268
Gulf Pines	Sanibel	1982	2,496	\$1,350,000	\$1,275,000	25
Cape Coral	Cape Coral	2014	2,883	\$1,324,900	\$1,275,000	2
Riverwalk	Bonita Springs	1989	3,480	\$1,000,000	\$930,000	113
Carolands	Bonita Springs	1979	2,570	\$985,000	\$870,000	217
Heron Point	Estero	2001	3,007	\$929,900	\$895,000	105
Ginger Pointe	Estero	2000	2,700	\$840,000	\$820,000	14
Chateaux Sur Mer Unrec	Sanibel	1994	1,752	\$829,000	\$750,000	43
Chateaux Sur Mer Unrec	Sanibel	1983	2,200	\$785,000	\$734,630	17
Cape Coral	Cape Coral	2016	2,906	\$774,900	\$765,000	33

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